THE WE'VE GOT THE BEST LITERARY MAGAZINE FOR YOU LISSUE 2

4 SREAD BOOKS

4 STORIES OF BESTSELLING AUTHORS

SHORT STORY



COVER STORY
SATYA SIDHARTHA
PANDA

# editor's note



**Neel Preet** 

Editor-in-Chief

When we began with The Literature Times, we were not sure about where the journey with our brainchild would take us. With every edition, we learnt, grew, expanded the corners of our magazine, and educated ourselves simultaneously. The Quarterly E-Magazine has helped us redefine the meaning and significance of media and bridge the gap between the world of words and the quickly evolving technology. Volume 1 of the 3rd Issue of the May 2022 Edition of The Literature Times has helped us expand our dimensions a little more with a bunch of topics that we have explored.

The latest edition features much more than just books and attempts to reach out to more readers this time. The magazine includes book reviews and author interviews, featuring articles on a wide variety of topics like technology, lifestyle, fashion, and all that is revolutionary and influential in people's lives. It also includes content that is relevant to the present scenario under the heading of current topics. In addition, some surprise entries can be read once the readers lay their hands on this edition.

With every edition, we strive to achieve new heights and improve the next edition, as we believe there is always more to add and to learn. Hence, we would heartily welcome the valuable suggestions from our readers at:

editorial@theliteraturetimes.com. We look forward to hearing from you. Happy Reading!

Happy Reading!

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# WELCOME

Cool to see you in this issue.

We invite you to join us in our journey to reach the next milestone and see what marvel our new venture has in store for us. Our effort intends to reach out to maximum readers who want to see the movements and developments in the literary world and aspire to write someday too. So, with the hope of giving you a joyous experience in reading, let's begin without delays.

We hope you enjoy this one.

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Nidhiluxmi

# Cover Story



#### "MY MISSION IS TO ENTHUSE YOUTH TO ACHIEVE THEIR DREAMS"

Sri Satya Sidhartha Panda who hails from Kalahandi (District) in Odisha and son of Dr. Sunil Chandra Panda & Smt.Mamata Panda. He has 16+ Years of Learning Experience in the Corporate and leading Universities. His career has focused on the link between Creative Thinking and Leading knowledge work force in NGO's, Education Solutions, Universities, IT Consulting industries. Satya is a Research Fellow from EIU-USA, Post-Graduate in Journalism & Mass Communication from Utkal University, MBA from SMU, M.Phil. from Jain (Deemed-to-be University) and pursuing Ph.D. in Management Jain (Deemed-to-be University). He is a certified Life Skills Trainer under the guidance of Dr. Ali Khwaja and a certified Instructional Designer and earned the Digital Marketing certificate from Google. Sri Panda has been conferred with various National and International Awards for his contribution in the field of Management Education and Training.

He worked for BOB-Tech Solutions, A US Based Company and has also a proven record of Leadership Qualities in the Outsourcing Mission projects for Patni Computers, Wipro, Perot System, HCL, Tata Interactive Services-Mumbai etc. Also was associated with Jain (Deemed-to-be University)-i-Nurture Education solutions programme, Christ (Deemed to be University), Stjosoph College of Commerce & Management, i-Nurture Education Solutions, Nitte School of Management, Bangalore & IIBS, Bangalore etc. He is a young & inspiring person AND a Human Architect in the field of Pre placement training, Digital Marketing, Leadership training, Behavioural training and Life Skills. He has transformed L&D from a traditional training organization to a Performance Consulting Organization and even Innovative Educational Institutions.

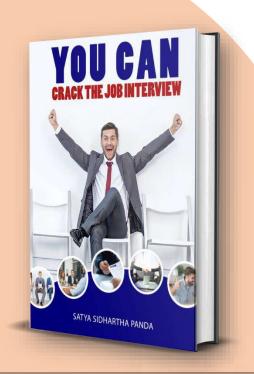
He is popularly known for his innovative activities which lead to an effective engagement, peers and experiential learning for students, working professionals at different B-Schools and Skill Development Organizations across the country. He is a strong believer on DSD – "Do Something Different "in your Life & Do what you LOVE ...

He is a Guest resource and professor at Jain (Deemed-to-be University)-i-Nurture Education solutions programme, Christ (Deemed to be University), Stjosoph College of Commerce & Management, IBMR- International Business Studies, RL Institute of Management, Madurai and International Institute of Business Studies, GIET University, CMR Technical Campus HYD, Parul University, ISME Bangalore. He was an external Assessment Board member of ISBC- London School of Commerce – UK.

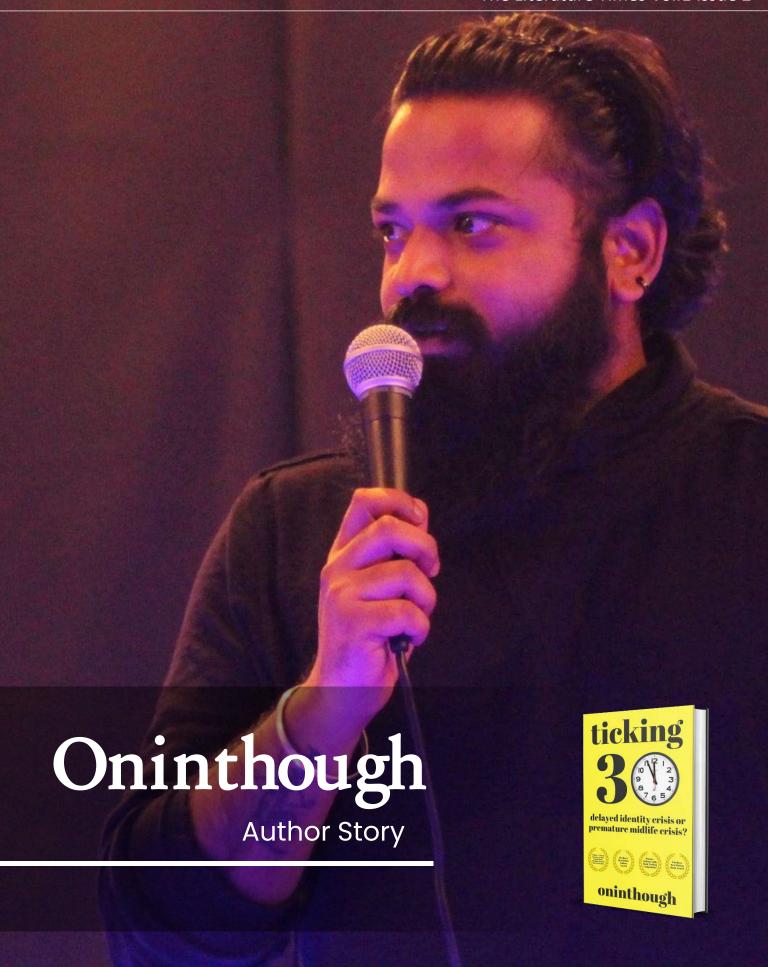
He is a Trainer & Consultant at ISMR, Bangalore and Jr. Research Professional – Innovative Research & Development Agency (New Delhi). He has successfully delivered short- and long-term training assignments in the field of Image Management, Leadership, Creative Thinking, Digital Marketing, Student Engagement, Life Skills, Mock Interviews and Pre placement training at different Universities, Educational Institutions, Start-ups and Large and Medium Enterprises in the Country. A Quiz Master for B-Schools in India and a Life member at ISTD, Bangalore Chapter.

#### "BRINGING OUT THE BEST IN EVERYONE I TOUCH BECAUSE LIFE MATTERS!"

He has authored five Books: Human Capital Management (as per Bangalore University MBA Syllabus), Insight -Discover the Interview Secrets for Your Success, The Explorer-Gateway to 21 Century Skills, You Can Crack the Job Interview & Student Engagement in Management Education. And has co-authored Entrepreneurship and Development besides eight Book Chapters, 19 Research Papers in Double-Blinded Peer-Reviewed International Journals. Editorial Board Member of several Double-Blinded Peer Reviewed International Journals.



This book, YOU CAN CRACK THE JOB INTERVIEW, will guide you on how to sell yourself through a powerful Résumé; it will enable you to write an impressive cover letter and arm you with new interview questions, sample answers, techniques for seeking yourself and getting the dream job you want in the corporate sector. I, sincerely, hope that this book, YOU CAN CRACK THE JOB INTERVIEW, will certainly help those it is aimed at. I will feel gratified if it stands the users in good stead. I will have done my job well if this book helps them pick up the art of successfully attending the Interview and get a dream job. Job seeker, the best is yet to come from you. Try hard and never give up. My best wishes!



Born in Calcutta and based out of Bangalore, Oninthough is a stand-up comedian, a poet and author, and an artist. That's besides his day job of heading the Marketing function for India, for a global IT firm.

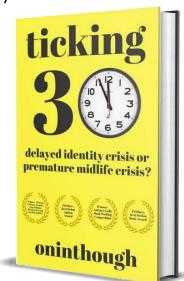
An award winning author, Oninthough is one of the few trilingual (English, Hindi and Bengali) poets in the country, and has penned more than 500 poems. He is also an award-winning stand-up comedian, infamous for his humour jabs often with political overtones and religious undertones. He's performed stand-up comedy for audiences across 20+ cities, 7 countries and 3 continents. He's also an artist who's worked on 50+ commissioned works of art, and has been featured for the niche he's created for himself, in portraits and stippling art.

His latest venture is his debut novel - Ticking Thirty: Premature Midlife Crisis Or Delayed Identity Crisis? that questions and demystifies the unnecessary hype around the peer and societal pressure of turning thirty in India. A comedic disaster in terms of content, it was published in April 2022, and has already bagged four prestigious awards, including the "Ukiyoto Literary Awards: Top 30 Books (Fiction) To Look Out For in 2022".

#### **More About the Book**

Turning thirty is just about turning thirty. Possibly everywhere. Everywhere but India. As a kid growing up, there's a lot of dreams that are embedded deep inside you, thanks to the hilariously dysfunctional combination of peer pressure, societal expectations and parental advisory.

In India and India alone, you can be too young to date at twenty-three but old enough to file for IT returns. But, nothing, and absolutely nothing beats the exaggerating amounts of hopes and dreams that revolve around the idea of turning thirty. It's this one stop solution to every problem your life's ever had, up until now: from broken relationships to thinning hairlines to near-empty bank accounts, turning thirty is about all of this magically transforming into something, just something, something that no parent quite clearly ever tells you about. And that precisely is the Catch 22.



This novel is an attempt to narrate the journey of someone caught at a similar crossroad, and how turning thirty did in fact transform life: for better or for worse, is up to you, or just your perception (if one was being utterly poetic!).

The Novel 'Silent Screams' by Neenv Raju Akunuri The oxymoronic title of this debut courtroom drama is enough to grab the reader's attention of an otherwise enticing plot about love, loss and the question of marital relationships. The novel is at best crime fiction though it can be considered as a dramatic psychological fiction. The book cover is equally interesting and worth taking a look at. It shows a girl with dishevelled hair, perhaps, trying to run away from something or someone. Perhaps, this is indicative of Saysha and her personal battles.



The character of Saysha and her sudden murder is the central point of the novel through which Akunuri tries to make readers aware of issues relating to mentality and women's empowerment.

However, these are underlying themes and there is no sense of over -riding philosophy that will require readers to undertake note making through the reading process. The novel revolves around characters who find themselves in the dilemma of whether to face their problems or to take an escapist route and the difference lies in the choices they make.

The plot opens in 2018 in Chennai, moves back and forth between Delhi in 2013 to Singapore and begins by telling an aspect of the novel from the perspective of Jason. This serves as a prologue to the novel after which Part 1 begins. This practice of picking up from a particular character's perspective is done throughout the novel. This provides a detailed view of the character and enables to chart characterisation and character development. The plot revolves around Jai, Naseen and Jason and a surprising but gory murder of Naseen's best friend, Saysha. This is what sets the pace of the plot and provides the central conflict in the plot. This is one of the climaxes of the plot that if filled with multiple climaxes. These create an up and down narrative structure of the plot, entice and allow time to take in the central problems of the novel.

The characters are dealt with in depth and they are all well rounded characters. The plot is not cluttered with too many character except Jai, Jason and Naseen and passing references to the dead Saysha. Naseen's character is particularly and purposefully made the centre of attention.

This gives the novel a feminist perspective and shows the manner in which Naseen battles the news of the loss of her best friend and yet agrees to fulfil her professional duties.

In doing so she is also fulfilling her personal duties and loyalty to her late friend. This makes her a very inspiring figure in the tale and though the plot revolves around the murder, it has a lot to do with the character of Naseen who is indispensable to the novel. The character of Jai remains in the dark for most part of the novel as the prime suspect and his portrayal is such that it I shard to consider him innocent at any given point while one may want to read him in a positive light and not hold him guilty before being proven. Additionally, Jason and Noelle's relationship takes a backseat as it is less explored though it provides some light moments in an otherwise intense novel.

# INTERVIEW WITH AUTHOR Neenv Raju Akunuri



# Your debut book is full of complex human emotions. What has your experience been while writing this book?

Writing this book was an emotional experience for me. With every character I created, I had to be aware of what their feelings were in that particular situation, that particular scene, and at that moment in the story.

#### How did you come up with the idea of penning a courtroom drama for your debut book?

I had always been clear about what I wanted to write. I wanted to be honest with my writing and make the reader be engaged in the story. I think it was the most obvious direction - to pick characters with professions that can shed light on both sides of the coin, and leave no stone unturned. And I thought there could be no better way than to do it with a courtroom drama.

#### On whom did you model the character of Naseen?

Naseen is an amalgam of people I know. I think the reason my readers adore her as much, is because she is a brilliant friend and doesn't waiver when the going gets tough.

#### Who has been your inspiration in becoming a writer?

For the longest time, I didn't know what to do with a talent like this. It was only when I started exploring books from Arundathi Roy, Jodi Picoult and Khaled Hosseini did I realise that I had to do something more than just write greeting card wishes.

#### How do you go about the writing process with a full -time day job?

Well, I work during the day and it's not a fixed 9-5 job. Most days, my work gets extended late into the nights but I manage to write after work at nights and make up for the lost time on the weekends. Of course it's not an easy task but we've got to persevere for our passions, don't we?

#### What kind of books do you enjoy reading in your leisure time?

Obviously courtroom dramas are undeniably my favourite so I read a lot of John Grisham, they are very insightful. Jodi Picoult is my absolute favourite.

# The title of silent screams is particularly interesting. How did you come up with this unique title?

To be honest I struggle with naming. I put a lot of pressure on myself and completely miss seeing the obvious at times. My father, who actually witnessed me panicking over being unable to name the book, came up with the idea. He knew I was trying out words that hinted at screaming, and being unable to voice and express someone's feelings and voila it just occurred to him - Silent Screams

# Do you think that had Saysha's character in the novel done things differently then she would have met with very different ends?

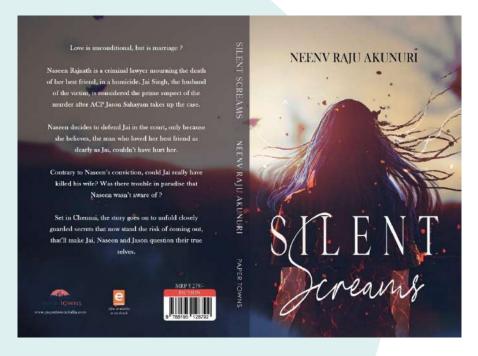
Saysha was never the kind of person, who did anything half-heartedly. She was a trier and always brimming with ideas and hope. So while it's easy to say - "It's your choices that make you", I don't think that's particularly the case with Saysha.

#### What are your future writing projects?

I'm currently working on my second book. It's still in the initial planning phases. I'm also working on getting some of my poetry published in an anthology. So fingers crossed for that!

#### Do you find yourself inclined towards writing more prose or poetry?

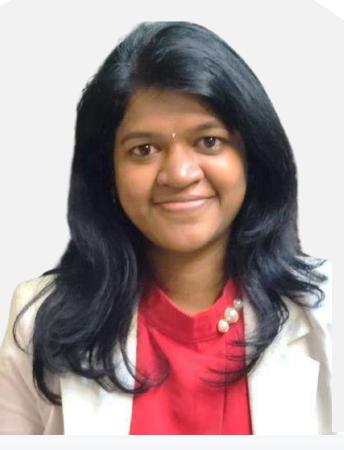
Prose. I love getting involved in the behind the scenes working of prose writing - The Characters, their Motives, Emotions and Drama - the whole nine yards.



Neenv's career as a personalized birthday notes writer peaked at the age of 10. Her fiction writing career as a published author however kick started only when she turned 30. In between, she tried her hand at Engineering, then MBA, before she finally landed a job as a Market Risk Analyst at a multinational company. Though the job pays all her bills, she is convinced that its only purpose is to fund her dreams of becoming published author.



# Author Thilaga Kumar



Author Thilaga Kumar is the first Women Author in South India and second Women Author in India to write a book on sales. She is also a B2B Tech Sales Leader with decades of experience scaling business in Industrial Automation, Aerospace and Defence Industries. Author Thilaga is on the mission to empower women to consider and grow in their sales career by filing the gender gap, achieving financial independence and to live truly to their maximum potential. Besides being an author, Thilaga is a founder of 'Sell Like Her' Movement, Key Note Speaker, Podcast Host of 'Sell Like Her', High Ticket Closer, certified from Dan Lok University, Clubhouse Host and Global Collaborator, Host of 'Global Sales Talk Show' over YouTube. In addition, she is a caring mother to a beautiful daughter and a loving wife to a supportive husband, managing a great work-life balance.

"You will get whatever sales you want; when you help your prospect to get whatever they want."

– Author

# Firstly, Congratulations on your book. Well, can you please share your experience about making your work come into the form of book!

In my 18 years experience, I have gone through many ups & downs in my life and I realised to become successful in sales, it is just not only product knowledge or technical skills. You need to adapt many skills like communication, empathetic, confidence, discipline, integrity, righteous action, sales skills, positive mindset etc.,

# Your book is a "True Guide" for the Sales Professionals. So what inspired you to write this book?

I casually attended a webinar during lockdown on "How to Write a Book" and I got ideas to write a book and want to make an attempt. I always want to try and curious to learn new things.

# Please explain the reason for going with this book title, 'Cumulative Selling – New Age Sales Method!'

I believe the word "Cumulative effect". Life is all about cumulative effect, because I believe what I am today is because of my daily discipline, my righteous action, my integrity, mindset, skillset, combination of all the above result of success whatever I am today. Since, my book is about Sales, I have kept the title as "Cumulative Selling".

#### Apart from this business & sales guide, would you be contributing in any other genre?

One of my chapter talks about "Everyone is Selling". Many people things, selling skills needed only for people who works in sales organisation as sales professionals or business owners but we apply sales skills in daily life. Sales is nothing you are selling your ideas.

# What was your mind-set, while writing this book? Is it based on any particular experience of yours?

I would say, it is based on many of my experience in sales. I have given so many of sales experience and stories in the book. I strongly want to convey to all sales professionals and business owners do not just focus on numbers, prepare your mind, skill set, put right effort, order will automatically flow.

#### Next, I want you to tell us about some of those writers, who had inspired you!

Mr.Brain Tracy, Mr.Dev Gadhvi, Ms.Indra Nooyi, Mr.Bob Burg and John David Mann.

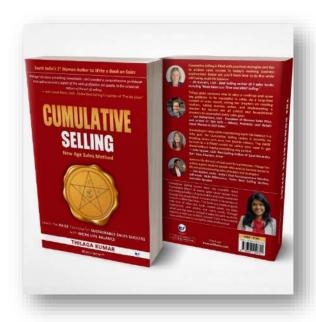
#### Are there any other books being worked by you? Please let us know.

My passion & mission is to empower 1 million women to enter and grow in sales career. I would like to talk about that topic. "Women in Sales"

**Book Review:** The book, "Cumulative Selling – New Age Sales Method" by Author Thilaga Kumar is a brilliant sales & business title, coming under the category of "Business Guide!" This book is designed for those sales professionals, who are seeking guide to carry out their sales targets and achieve a great result in the field of sales!

This book is a practical guide with tons of sales tips, tools, expert views, sales experiences, case studies and many more through which one can lead a successful sales life with work life balance. The book aids the readers to raise themselves from unsuccessful sales professionals to successful sales professionals. The manner in which the Author has provided solution concerning most of the issues, which most the people in sales field are facing, is truly incredible.

Well, a book like Cumulative Selling – New Age Sales Method can be described as a "True Guide & a Saviour" for the sales professionals. Through this book, the sales professionals are bound to learn the various sales techniques and methods of carrying out sales successfully. Well, this is the beauty of this book that it is helping people in making their career. In addition, the book also helps the sales professionals to achieve a mindset to create solutions for themselves, which makes this book a MUST READ one! Moreover, the Author tends to answer all those basic questions, which occurs in the professional journey of the sales people. Therefore, Author Thilaga Kumar must be given a chance by the readers for her sincere and brilliant work.



# The Poet

he quest for bringing out the divine science of an expressive imaginary retold hidden good in

central possessive threats of knowledge through the infinite of fire-warmth poetry is one of the mottoes of Japleen Kaur Bindra. Another reason for her passionately burning flair for getting lost with a fortune worth to be lived and softly interpreted but what is not recovered from exact translation of emotions found its words is the poetic trajectory of emotions and thought not always falling flat is something that makes one understand imperfectly non-consummate skin of all misguided souls rebellious in pin drop silence never totally unquiet in distantly located sign language of secret corruptions of a human being or an animal which they do not wisely express even in their funny lies and their altered anatomies and that's what brings her closer to her own imaginative friendliest mirror self. Her belief in art of poetry writing is the most acceptable and invented in spite of hit and run chronological non-liberation alive battles out of historical waste drops of humility sipping its losses as if sitting by an opportunity of thunderstroke which makes its whole body become defensive to contain their consuming sheathing of swords on one hand and self-satisfying inescapable wealth in its lonely non-academics own collection of emotionally driving depths found in an untold world on the other hand, and not to forget about the middle non-threatening way to get lost in its panacea void on a plain patience of a drawn sheet of paper folded into a priceless souvenirs revelation boats gallery of daily wage desperate hunger.



Japleen Kaur Bindra is a student, writer, and a poetess. She attended Guru Harkrishan Public School (India Gate) in South Delhi. She graduated with a Bachelors of Political Science (Honours) degree from the Kamla Nehru College, Delhi University and after her graduation, she completed her postgraduate studies in Political Science from Kamla Nehru College, Delhi University. She also holds a diploma course in travel and tourism course from Jamia Milia Islamia and a diploma course in computer application from F-tech. She is also inclined to write and update my blog in Spanish language in which she shares her personal views on current issues related to any topic. She has worked as a content writer in two organizations in Noida and Kirti Nagar. Writing poetry and short stories is her field of interest. She did a creative writing course from British Council, New

She was so inspired by a book of Khushwant Singh that she wrote a book review of his book as one of the tasks during her course in the British Council. She never discontinued her passion to be a lifetime scholar of diverse subjects. During the pandemic, she utilized her time doing online courses on writing fiction and persuasive speech from Coursera and Harvard. She did a course on Persuasive writing from Harvard University in which she learned about different devices of rhetoric. The pandemic period turned to be a blessing in disguise which gave her an immense exposure to the vital readings of English literature and its complex themes broken in storytelling enduring all its rising and falling graph and then slowly never running out of time for denouement with its intensity of conflicts. It is one of the greatest places of one's alien world where one learns about how to improvise on construction of sentences, develop their grammar skills and more to any overactive world. She got her inspiration to write poetry from some famous poets of English literature like Walt Whitman and Edgar Allan Poe. Her favorite Indian authors are Amitav Ghosh, Kavita Kane and Rabindranath Tagore including Khushwant Singh.

#### THE DARK CORNERS OF MY HEART..... -

They're like the alcoves whose stillness is so intense,

As the dwelling of mysterious ghosts if in a land of heaven and hell,

Or a dive into the ocean beds to greet all those suffocating bodies of grief and anger floating in them,

With a never-ending curiosity to experience the beautiful world of coral reefs and other aquatic species,

Or fearful beaches in the islands of sudden realization where I find myself,

Caught in the grip of fear to be attacked by giant killer whales, and conspiring hungry alligators at any time,

Turning towards me as their bloody eyes prey inside innumerable traps of emotions lying there,

Extremely special are the gut-wretching feelings, looking for aconsolation, secluded nights asylum, in these corners that keep calling me...

And they continue to call me....

And call me....until I am willing to lie down in them,

Then they let me enter and close the doors of an outside world for me....

To listen to all those voices buried under a frozen layer of ice,

Eagerly waiting to melt and smile at the union of my dear friends with me,

In those hours of rescue operation carried out in solitude,

All I feel is lost in the shadows of my former self,

And the shadows of the ones with whom I once lived and loved,

There's still a freshness filled smiling bouquet of happiness service I am looking for,

With a lot of regretful and tearful roses scattered everywhere,

Leaving me with no more ripples of laughter for some time,

And ultimately reviving the fiery spirit in me to be a true fighter for justice,

Through seeking the power of self-questioning,

It's like the prayer halls where I often find myself walking in,

As if I am a thirsty traveler wandering in search of a peaceful inn,

Whatever felt, said, or heard,

Is lived once again by me, never thought to be a part and parcel of,

Those old jingle bells whose melodies I have forgotten while scrambling along rocky paths,

Forever it does matter to me,

And that's all I say,

It's only these dark corners of my heart permanently residing in me,

Like the alcoves whose stillness is so intense,

As the dwelling of mysterious ghosts if in a land of heaven and hell,

With only a wish to forever remain the same at every life phase where,

I'd never hate to be hiding within these caves to meditate on my inner sinful layers.

But still I pray to god in these lonely corners of my heart each day,

For me and all my dear friends,

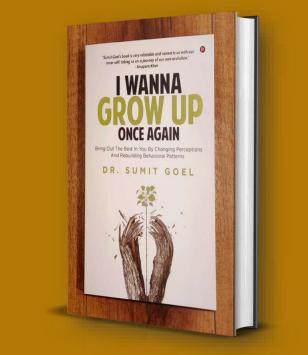
To stay as calm and courageous as a sailor on a sinking boat,

And who gives a lesson to struggle for survival when stuck in the middle of a high tide,

While being on a silence voyage of selfless diverse, agonies of eternal silhouettes of love,

And Justice spirited halls of hope, emitting self-introspecting light of heaven to converge with the magnifying glass mirror, concentrated judgement petition objecting to the dwellings of mysteriously haunting ghosts or fearful beaches, and their deadly grips of fear.





# I Wanna Grow Up Once Again by Dr. Sumit Goel

I Wanna Grow Up Once Again by Dr. Sumit Goel is a new age non-fiction for making individuals put their best foot forward. It is based on the scientific study expressed through detailed analysis about the manner of achieving inner peace. The book opens with a motivational prologue by Anupam Kher which states: "Our perceptions define us." This is a profound saying as it mentions that individual importance is garnered not by the opinions of others but by the opinions that one holds of oneself. This is highlighted in the idea that the thought process guides the action and it is through action that man is defined. The entire book revolves around the acknowledgment that life is unpredictable and does not go as per plan at all times. Yet, man wishes to make the most of mortal life as long as he has the ability to do so.

The major idea behind the book is relatable and the connects the reader with the present and the inner self. Reading this book is like enjoying a lot of moments filled with self-realisation. The key idea is to enable the reader to understand his own self. This has a lot to do with understanding the pattern of behaviour that one follows and to decipher why one acts in a certain way in a certain situation. Dr. Goel talks to the reader like he is explaining to a young mind curious about the mysteries of the world and life. The book acknowledges the fear and apprehension that is deep seated in the minds of those who do not venture outside their comfort zone as they expect nothing but failure. This is the best thing about the book, it does not preach but it guides, it directs and it helps. The entire book is interspersed with valuable quotes and sayings worth remembering. Another aspect of the book that is really interesting is its intention to create awareness among people regarding the pattern of thoughts and the way to remain self-motivated. The poem All Alone aptly summarises this feeling of being lost in the middle of nowhere and trying hard to grasp the ways of the world. To a great extent, the book eases this task by making the reader acquainted with the way a human being acquires knowledge of the world.

# "If your life were a book and you were the author, how would you want your story to go? That's the question that changed my life forever."

he language is simple with very few technical terms used throughout the book. The ease with which new and unique concepts are relayed by the author is commendable. There is an overall balance between the information that is provided and the idea that is conveyed. This does not make the reading experience as over whelming for the reader. The book is deeply rooted in child psychology and provides a good view into the mind of the child and the child within every grown up. Since a lot of issues relate to trauma based in childhood, the book puts emphasis on this phase of life and then looks at the adolescent and adult years. It is all about probing the patterns to assess one self and keep oneself in check in order to enjoy a good mental health. Additionally, there are some anomalies that the author warns about specially about not generalising or making sweeping statements and about maintaining the humane side to everyone as anybody can be a victim of mental health issues at any point of time in their life. In this way, the book does not discriminate saying that people who follow a certain lifestyle is more prone to feeling loneliness and anxiety or depression. However, the book is slightly lengthy and the topic of the book is such that it calls for reading with a lot of attention. Regardless of that, the book is an important piece of work in the ongoing discourse about raising awareness about mental health.

The book begins with the very beginning when a child is in the mother's womb to his birth and how he starts to get an understanding of the difference between inner and outer world. This is followed by month wise development till the child turns a year old. The parent child relationship, its importance and the role of parents in the lives of children is noted in detail. The idea is to encourage communicative roles on behalf of the parents from an early age as the child is yet to learn to speak.

"I feel privileged, honored and lucky, with the blessings of my parents to be in the noblest of all professions – A Teacher, A Doctor and an Author."

Dr. Sumit Goel (M.D. (Hom) Gold Medalist)

#### The Author

Dr. Sumit Goel is a Doctor-Homoeopath by education and profession, a Teacher-Trainer by intention and a Motivator and Author by passion.

Dr. Sumit Goel has been one of the youngest authors in the field of medical text.

At the young age of 29, his first medical book was instantly recognised as the standard text for medical students in India and abroad.

Having penned many medical books, he has been awarded the BEST AUTHOR, in the field of medical literature.

#### The Motivational Author

"I WANNA GROW UP ONCE AGAIN" is one of the finest works by an Indian Author in the genre of motivational self-help selfempowerment transformational books. The book has an Introduction by respected Anupam Kher. The book has been appreciated and well received by luminaries and readers alike.

He is the recipient of "BEST MOTIVATIONAL AUTHOR" for his work.

Dr. Sumit Goel is the proud son of noble parents – Late Madhur Goel and Late Dr. Sunikumar Goel. He has a doting wife Anamika and two grown up mature kids Samidha and Sparsh.

And yes, lots of amazing students, patients and souls that he has touched!

He loves living, loving, sharing, traveling and any sort of adventure and believes that "Life Matters!"



# 99

#### What motivated you to write this book?

For some, motivation is external – an individual, or an event or a situation in life. For me, it was like a calling of the soul. I am in two of the noblest professions – Healing and Teaching. Experiences gathered over the last 25 years through patients, students and observing humans in general transformed into this work!

# Your book opens with an introduction by Anupam Kher. Tell us a bit about that.

Anupam Kher ji is a brilliant actor. He has also observed life very closely. He is also an Author and a Motivational Speaker. He was the first choice for me for the Introduction to my book. He read the Manuscript and agreed instantly to pen his thoughts for the Introduction, which reflects his philosophy of life and resonates with the contents of the book.

# How far do you think that mindfulness is the most important aspect about early acquaintance with mental health issues?

Stresses in our life arise because of three central areas – 1. I, Me, Myself; 2. People connected with us – family, friends, associates; 3. Situational, including our past and future. Further introspection narrows down to our own self – our perceptions and patterns. This is the onset of issues that we have with our own self or with the world around.

# What kind of reading and research did you have to do to write this book?

25 years of clinical case studies and interaction with people of all ages and strata with focus on youth, along with innumerable discussions with like minded people, blogs, articles, books and an introspective study of my own life!

# The book cover has an aesthetic appeal to a serious topic. Tell us about the idea that went behind making it.

Serious topic, simply portrayed! Since the genre of the book is positive, transformational and growth, we decided to choose a color splash of a peaceful white and soothing green with a simple subtle image to capture the feel of the book. As for the title, it is a wish that all of us have at some point of time in our life and the book aims to justify that.



# Who have been your inspiration behind writing this book?

Parents, my teachers, students, and in fact inspiration has been from every human that I have met. I come from nothingness, so I appreciate everything!

# What is the next book that you are working on?

The next book focusses on TIME DETOX. It is about decluttering the past and future from our present, the next in the series of transformation.

# Do you think that your clinical experience helped you to write this book to a great extent? Absolutely, sometimes it would take days to research on a single point, brainstorming and finally through relatable case studies and explanations, give the reader a scientific and

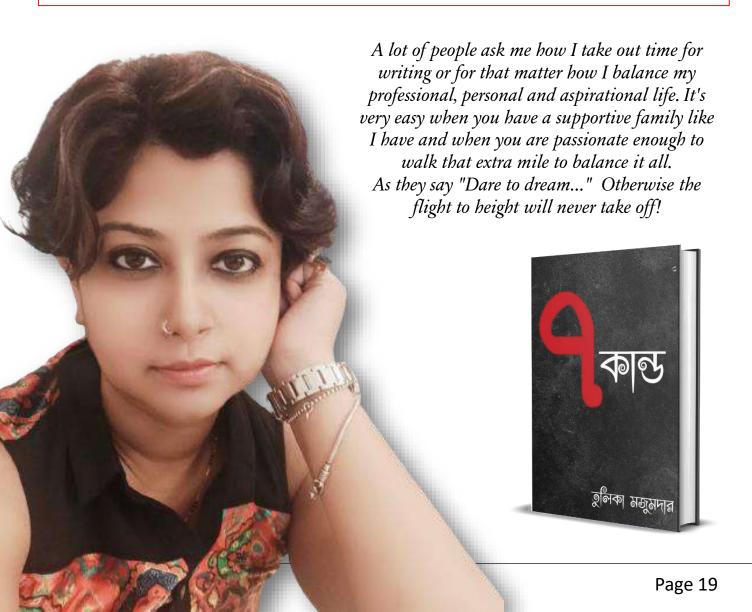
# Is there any way that readers can book a consultation session with you?

simple solution.

Any way and every way, I can be connected and consulted. I can be contacted via sumitgoel@yahoo.com or WhatsApp at 9322288631

# Know about **Tulika** Majumder

I am a thoroughbred successful corporate employee for last almost 20 years. Always a bookworm and having a way with words, it was my dream to get my work published to the world. During the 1st phase of Covid lockdown finally a lot of old work came together to form my 1st book "Saat Kando" with Asian Press, since then books of different genre namely "Digantarekha" & "Machranga" is already published. Currently I have 4 published titles in my kitty, each having a significant dash of imagination, romance and thrills, the latest being a compilation of horror stories called "Choturbhoy". A professional and a mother of a 15-year-old son, I am all set to make a mark in the minds of readers as a Bilingual Author. Watch out for my next title in English with Ukiyoto Publishing House. Throughout my entire life I have always forayed into unknown territory and success came through sheer grit. Writing casually in social media and magazines is one thing and mustering courage to get them published as a book is a completely different ball game. While I have spent sleepless nights thinking of the reactions my readers would give me and stood staunch in face of both encouragement and criticism. I am happy today that I am no more unsure of the quality of work and there is no looking back.



# BE, BEING AND BECOMING A DANDELION

# By Srividya Muthuvel

Hello Folks, I'm Srividya Muthuvel, Trained Graduate Teacher from Sarhad School Pune, Maharashtra. I have won IWM BEST WRITER AWARD FROM INDIAN WOMEN MOMPRENEUR AWARDS for my stories. I have won Consolation Prize in International Essay Writing Competition held by Monomousumi- (Where the Mind Dominates) and received certificate signed by Mr. Chetan Bhagat. I have won the title of Educational Reformer of the Year 2022 by ARIO NATIONAL EDUCATION EXCELLENCE AWARDS. NAVBHARAT RASHTRIYA GYANPEETH awarded me in contributing Excellency in the Field of Education. WORLD PEACE INSTITUTE OF UNITED NATIONS has conferred upon me HONORARY DOCTORATE IN TEACHING AND EDUCATION.



#### I personally believe in imparting.

"Knowledge"- Know (Raw Experience), Ledge (To Render), satellites a pivotal role as it blooms up the connectors and receptors (Sensory Organs) when shared in practicality infused environment enhancing 'Learning by Doing'. While destining knowledge one must design its journey with vividity and references which will elicit child's imagery with consciousness allowing them to not only travel but also initiating brainstorming within them which processes itself in form of discussion that facilitates learning through analysing, understanding, and experiencing.

# BE, BEING AND BECOMING A DANDELION

The legacy of cloning humans as 'whole' has 'fractioned' in pace of semination for acceptance and survival in its illusional kingdom. Multiplying of humans merely mustn't create multiples of their genre, rather collide as factors for multiplication in versification in their genre. The premises of versatility becomes resistible only when one confers himself/herself with reliable components of fidelity and acquires the zone of common sense instead of commercial sense. The zeal of division manipulates and convincingly represents itself as the messiah characterizing the need for 'Divisor'- (Manager) acting as in compliment for the 'Dividend'-(People), 'The Quotient'- (People who render and accept the conditions of the Manager), 'Remainder'-(People who did not let themselves to be allured and stuck to the ground fact).

A group of Homo sapiens upon the globe had churned themselves into divisors, which acts as fickle in disseminating people's mentality by portraying the varied concept of being 'Rich'- (In terms of only money). This portrayal will accumulate and add to the number of Quotients – (Rich becoming richer) presenting the Divisor – (As Hero) and Remainders- (As intolerant and noncontributors towards accumulation of wealth (money) as they were not in favour of The Divisor and denied in becoming Quotients merely for commercialization of money without consciousness in growth of real progress i.e., 'Vision of Wisdom' rather than 'View of Wit'.

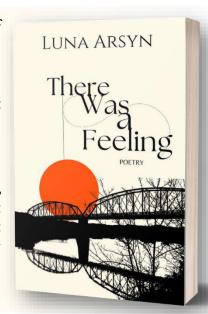
Today, The World is in dire need of such wise people who dared to emancipate themselves from getting trapped into illusional desires generated by so called modern human beings who acknowledge themselves as creators of entity. The prime aspect of any human is to transform from Human Being to Being Human in order to reciprocate the values instilled in us by our ancestors (Homo Habilis) who believed in Collective and Overall Development in view of sharing Knowledge rather than assimilating it to self and through that govern the community. They believed a community can grow, rise and prosper (in terms of vision by learning not in terms of currency) only through its mutual concentrated efforts rather than stuffing the research to self-limit, that would lead to 'Labour Class' instead of 'Class Labour'.

The Fact that is intact: LIFE CYCLE, which encompasses in itself the reality of Birth and Death. The urge of encountering the motive of one's birth and commencing towards it with the vision for enlightening our fellow beings is the ultimate truth of existence and survival that concretes the fence of Birth while the act of selfconsciousness in lifting up others creating an arena of 'Hand Holding' - (Growing together), rather than 'Holding Hand'- (Individual and concentrated growth) formulates the action of Karma in Death. The Cycle of Life goes on, and as We merely act as the Carriers, let our carriers eternally dwell upon – Love, Care, Empathy and Growing together rather than, Greed, Complain, Comparison and Isolated growth. We must instill the reality that nothing is permanent no one here is eternal, as a Tree has different sized branches but carries all of them so exclusively as every branch of its either long or short enhances its beauty without being partial or jealous of each other's growth they too contribute towards the enrichment of the tree. Both, the tree and its branches complement each other without any biasness that leads to the overall enhancement of beauty in Mother Nature, likewise a Society can only grow and prosper (Intellectually, not by money) when all humans treat and complement each other equally in terms of Humility in accordance with Humanity.

## Editor's Choice

This book, There Was A Feeling is having an amazing collection of poems, throwing light upon the various emotions that one faces. This poetry collection book is unique within its enriched vocabularies and presentation, travelling deep and dense into the emotions of readers leaving a long lasting impact. Well in this book, the author tries to paint a picture of the vulnerable heart of a teenager who will soon be stepping into a new decade of life. Poems that were written down as mere thoughts in a diary are condensed into these pages!

Trying to understand human emotions and feelings as a form of art, Author-Poet Luna tries to look deeply into every raw emotion that came to her in what was the calmest time of the day yet the most chaotic time of her life. This book is the seventh poetry collection by Poet Luna Arsyn. It is a part of continuous series by the author, in which there is an incredible collection of '128 Reading Worthy Poems.'



In addition, we must mention that the title of this book is much "Justified" with regards to the poems in this book. Undoubtedly, it is a very apt for this poetry collection book and the Author had been extremely wise to go for this title.

The way, Author had expressed herself with her well-versed poems in this poetry collection book, "There Was A Feeling" is something really incredible and is undoubtedly an enough reason for you to shift your focus towards her poems and give this book a chance. It is the poets, who plays the pivotal role in touching the inner cords of our emotions and making us believe and think the way their words intend to and Author-Poet, Luna Arsyn had done this job in an exceptionally top-notch manner!

Moreover, the Author had beautifully expressed her feelings through her soulful words and had given a **Strong-Start** to the poems; also, you can see that most of these poems had retained their flow until the very end, which gives you an immense amount of satisfaction as a poetry lover.

#### THE AUTHOR

Mrinali Jadhav, also known as Luna Arsyn is an author, artist, entrepreneur, and a medical student. She dreams of becoming a performer one day. She loves writing songs, poetries, and telling stories. She believes that 'Humans' are made of stories, and stories can only continue to live on when they are told. When they are narrated. She hosts a podcast show titled - 'Feel Through Music.'

Focusing on the point that ART can heal oneself. her passion project DESIGNLAZA focuses healing on through the mediums of MUSIC and WRITING. She is the Founder and Chairperson of SOSHA - Society of Self-Healing Arts, where she focuses on integrating MUSIC-ART-HEALING as a single form of medicine to Self-Heal. She also works as MANAGING EDITOR for UNVERBALISE, a literary platform working on bringing arts and literature from around the world in one place.



## Interview with Author Luna Arsyn

#### Your book is a wonderful collection of "Emotional Poems" so what inspired you to write these poems?

I actually wrote the poems from this book as a challenge. I wanted to write consistently everyday for 100 days. Pen down what I was thinking, and maybe create a reason for the emotions I was feeling. That served as the prime inspiration for me.

#### Can you tell us story behind selection of title for your book?

It was very spontaneous for me now that I think back to it. I wanted to have a title that would speak for itself. Maybe spark a little bit interest in the heart of a passer-by who was consciously or unconsciously looking for something awesome to read while passing by the book store.

What was your mind-set, while working on this book? What was the impetus behind this work of yours? Since I wrote one poem everyday, I can't say there was one particular mind-set throughout.

Very few Authors are coming out with 'Poetry Collections' these days however you did so, which I believe is a bold step. So, why did you choose Poetry and not something else?

I think Poetry is a wonderful way for narrating a story to someone. Unlike it's other best friends like Novels, Films or even Songs, it manages to get the message right where it is required and within less amount of time and sentences as well.

While reading your book, I found that your poems had some really strong emotions and stories inside them, which had greatly impressed me and thus I would like you to explain the overall theme of your book!

The theme is what I would describe as "Singular Feeling."

When I read each and every poem after completing my manuscript I felt that, let's say coincidentally due to fate, but I had managed to highlight only the ONE FEELING that I was genuinely feeling while I was writing spontaneously everyday.

Next, I want you to tell us about some of those writers, who has been your inspiration and whom you follow! Honestly I could pen down a huge list of writers that inspire me to write. Perhaps due to their style of narrating the story or just maybe due to their choice of words.

#### Are there any other books being worked by you? Please let us know about your future projects.

Oh this is my favourite question Well I don't know why, but I have this weird habit of dreaming how my Next Book will be? How it will look like? And the characters in it.

Thank you so much for answering all my questions. All the very best to you for future and your book too! Well thank you so much for having me here. For giving me an opportunity to talk about my book and to express my feelings to my readers as well.

I am elated and honoured to be a part of the second issue of 'The Literature Times' magazine and to be honest, it feels great to know that I'll be getting featured on these pages along side some big names from the industry whom I look up to as my idols.

#### **BLOG PICKS**

"You are great with people" is something I always hear. I took it so seriously I made it my career. I am working to be a certified psychologist and pursuing a career in Management Psychology and Family Therapy. I have completed certifications in Behavioural Disorders in Children (from Spain), Counselling and Marital counselling (Pondicherry).



During my pharmacy tenure, I completed certification in Bioinformatics and IPR (from IIPTA). I currently focus on developing my skills in Management by working in the corporate Insurance Sector. The course and my current role have been great catalysts in helping me discover myself, my strengths, my skills, and my interest.

Apart from trying to balance my career and education, I enjoy reading a lot of publications, research, and blogs about PSYCHOLOGY in general. Ever since I discovered my flair for writing, I channelize my idle time into articulating my thoughts and feelings into words that many can relate to. This has helped me shine light and hone my written communication. I have won a few competitions recently in ISKON and Moonlyte; I also write occasionally in the popular Indian blog, Momspresso.

# - Gowri Jatin

The other day I was talking to a family member. She shared her experience from a recent wedding she'd attended. She expressed how the family members were emotional while the bride enjoyed and relished every moment of each ritual and ceremony.

With my husband being my pastime gossip buddy, I shared her words with him in awe. His reaction amazed me. "What's so shocking about this? It's the family that creates so much hype with tears and sentiments. Wedding, otherwise, should be rejoiced, don't you think?"

It appeared somewhat insensitive to me. I have a son. "So, if we have a daughter, you are trying to say that you wouldn't get emotional at her wedding?"

Without a second's thought, he responded, "NO! Bidai is an Indian tradition made up by us, right?" The words that followed opened my eyes to a whole different perspective!

"If you think, Bidai happens when the daughter leaves home for her college. Marriage is just an occasion. She would have left home years before her marriage. If I ever have to cry, I would when my daughter leaves for graduation. Marriage is more of a celebration."

This incident happened nearly a month ago. Every day, I've been thinking. I left home in 2008. My thoughts, dreams, and way of perceiving people began changing a little before my sophomore year. I changed my desires, demands, and priorities to suit my vision of a future I want. This never meant any less love for the ones who brought me to this world. My ability to cope with living under one shelf with my parents doesn't seem like a long-term situation. Deep inside, I know I would poun- ce at the first opportunity to have my own space. Wanting a more defined lifestyle does not mean I am insensitive or inconsiderate to the world around me. Love and affection cannot get mixed up with practicality and identity.

The words my husband uttered was an indefinite reality check. While marriages have Bidai, the current trend of having to migrate for college or work in a way has already pushed girls out of their cocoons. With current generation keeping every one of their personal circle on priority, marriage never implies bidding adieu to parents, especially for the bride. A broader way of looking at life is necessary to break norms that keep most families orthodox, especially in a technological post-pandemic world.

People fight for equality. People have debates on feminism. I wish voices like my husband's echo in every corner of the world. With a man of such thoughts, my home would be a world of equality, empowerment, and growth that will create opportunities never envisioned before. I may have a sound sleep knowing my home would be the APT place for any girl yearning to thrive in her vision of a magnanimous future.

#### Poems by Dennis Teny Thomas

Dennis Teny Thomas is currently a student completing his master's in Finance and Management. Being an avid reader since the age of ten, he believes in the power of words and its ability to impact people. He started writing at the age of fifteen and consistently posts his work on Instagram. His favorites authors include Nicholas Sparks and Sidney Sheldon. He aspires to be a published poet in the future and hopes to leave the world a better place then he found it.



Man up I hope you don't ask, another man to man up, and understand how we, silence the breaking of dawn, rushing through our veins. I hope you don't ask, another man to man up, and understand how. we're attuned to portray, strength on our darkest days. I hope you don't ask, another man to man up, and understand how we. mask pain with resilience, leaving our bones drained. I hope you don't ask, another man to man up, but rather stay with us, as we learn to accept, what it is to feel afraid. I hope you don't ask, another man to man up, but rather stay with us, as we allow weakness, to pass through our gate.

Even when,
you are the,
only woman,
in the room,
remember,
you are an equal.
so don't let them,
silence your voice,
don't drown in,
the patriarchal noise,
and remember when,
you choose to fight,
male privilege,
can never outshine,
your reverent light.

- first poem for my daughter



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# Surat the land of love!

#### - Ms. Nidhiluxmi

The train was stuck in the middle of a long tunnel. I was travelling with my parents to **Surat- the land of diamonds.** I opened my eyes and looked outside the window. All was dark outside. But
they were already serving morning tea to my parents. Was I dreaming? I covered my head with the
rough quilt and slept.

I found myself on a big platform like structure.

A girl sat there, her harmonium before her. Close by lay a pair of tabla and drums. Suddenly the tabla smiled and began to play on its own. The girl did not think this strange; she became intent on the tabla's beat, trying to tune her harmonium to it.

"Dha dhin dhin dha, dha dhin dha..." The beat grew louder by the minute. And the tabla and drums inched closer to the harmonium. Soon they were so close she could barely see anything else. By now the "ta tin tin ta, ta dhin dhin dha" had completely drowned out the voice of the meek harmonium.

My father woke me up to say that we were finally in Surat, though the train was twelve hours late. We got down from the ac coach. I could smell the freshly fried 'fafras'. My stomach growled. I turned to the left and saw the man behind a big black karahi of oil. The man was so intent on the besan dough he was rolling in his hands that I wondered if he had been put on earth just to do this. He turned the dough into several perfect circles then cylinders that he fried till they turned golden brown. I am not the sort that usually eats street food – but these looked delicious. I was tempted. I looked at my watch; it said half past seven. There wasn't much time left for the show to begin. I grabbed my suitcase and ran to catch up with my parents who were already climbing the stairs.

Surat City. Tall glass buildings, some as high as twenty four floors. Our car went over a couple of flyovers, negotiating its way through a rush of two wheelers. Suratis call these spluttering two wheelers *activas*, with a pride I found puzzling. These activas were all over the place. There were even some parked on the pavements. These had couples sitting inside, munching their favourite *chana-jorgaram*. I noticed that these lovers had no age bar. In fact, one man, smiling dreamily at his beloved, definitely looked like a grandpa. The street itself seemed flooded with love. My mom told me that these "love birds" spend quality time with each other every Sunday. They even bring home made food and eat on the pavements.

About a half hour away from the street of love, we reached our destination, a big auditorium. My father gave me a hug and said "Don't worry baby, we are just in time. See you onstage in ten minutes."

Mrs Manchandani waylaid me on the steps leading to the audi. Her skin shone, her lips were beautifully painted. She had a big rose stuck on the nape of her neck. She obviously felt younger than ever. She looked me up and down, then smiled. "Aye, Nidhi dikra, tame sundar lagu cho" she said. *You look beautiful*, she said, as if she couldn't see that my face was unwashed. Maybe her eye for beauty should be rewarded -- should I ask my father for a special gym package for her?

I was backstage now, pushing my way through the crowd. I could see Sneha, a ten-year-old whose starry airs could put any of our Bollywood heroines to shame. Sneha and her friends were fussing with their heavy yellow *anarkali* suits. Their parents hovered around them, carrying big Gucci bags stuffed with bottles, make up kits, fruits and juice. I gave Sneha a quick hug and rushed into the washroom. It was getting late. I opened the tap but all I got was a sad little trickle of water to wash my face.

Then it was time. The stage looked beautiful with its sparkling white walls. I took my position in the centre, with my harmonium. As I tuned the harmonium, I could hear other sounds as well. Though the auditorium was still half empty, people's voices made it seem full.

Mrs Gupta was instructing the soundwale bhaiya to increase the volume when her child sang. She must have thought the soundman was not willing enough, because suddenly she roared at the poor fellow and stamped her feet on the floor. The high heels she wore made quite an impact on the floor, the soundman, and thought she didn't intent it, me as well. I heard a gentle male voice in my ear: "Beta, can you fix me somewhere in the end? I want to collect my prize immediately after my dance." I turned around to see old and wide-eyed Mr Jhunjhunwala bowing humbly. Obviously I could do nothing but agree.

The program began. I welcomed the guests and began to play a tune on my harmonium. The tabla accompanied me. The moment I opened my mouth to sing, my father waved at me. He looked angry. I couldn't understand what was going on. I looked at my mother in the front row. She too seemed confused. I looked for the manager, but he wasn't there. My father came running towards me. He gave a stern look and called me backstage. I apologised to the audience and went offstage. "We can't hear either you or your harmonium at all," my father said to me. Now, I felt nervous.

Thanks to Mrs Gupta, the soundwala was in a state of confused panic. I calmed him and my father, and went back onstage and welcomed the guests again. But now I was nervous. Luckily, everything went as planned – or almost.

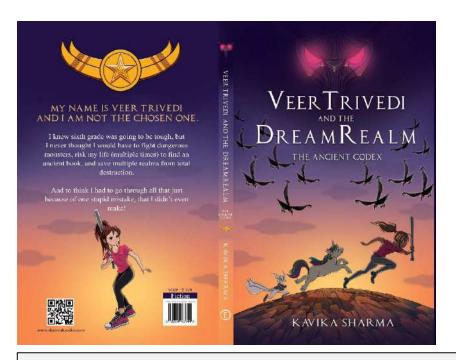
The program was almost done. I was about to announce the winners. Then Mr Jhunjhunwala wandered onto the stage and asked for a mike. I went to him, ready to be tactful, but he snatched the mike from my hands and broke into a song. I stood by him like a foolish little child whose toy has been snatched away. The audience — even my father — seemed to enjoy the music. They clapped cheerfully when Mr Jhunjhunwalla finally went offstage. He was surrounded by well-wishers backstage. I found another mike and did whatever else I had to. To fulfil my duty, I thought to myself.

The next day, I met some of the audience in our health club. They were talking about the program and about how Mr. Jhunjhunwala had held everyone enthralled. I smiled meekly. Then Mrs. Manchandani asked me, "Nidhi dikra, where were you last night?" All the women turned to me with the same questioning look. I was shocked. My dream had come true: no one saw me, but they saw Mr. Jhunjhunwala. Surat's tabla had overpowered my harmonium.

Ms. Nidhiluxmi is an Educationist and the co-founder of Achilles Centre of English. She did her BA (English Literature) from Delhi University and Masters in English Literature from Jamia Millia Islamia. She also holds an Education Degree from Amity University. She has worked in Publishing Industry and has also held important roles in various Educational Institutes including British Council. Her belief in the Learn, Grow, Excel Mind-set has led her to begin her entrepreneurial journey in 2019. At the ACE Clan, she promotes the love for Reading and Writing amongst her students (aged 6-17years), many of whom have already published their stories. She also holds degrees in the areas of Neuro-Linguistic Programming and Hindustani Classical Music.



#### VEER TRIVEDI AND THE DREAMREALM THE ANCIENT CODEX





"Life can be too mysterious sometimes and one cannot even imagine what results would occur when those mysteries would be unveiled. One can only hope that the mysteries would result for something sweet and pleasant!"

Author Kavika Sharma is an independent filmmaker, author and screenwriter. Due to a shortage of swords and domesticated dragons, her fantastical dreams were cut short and she ended up with a degree in Psychology. While it did not result in any mind reading abilities but it helped her in realizing her passion for storytelling.

Now, as a writer, Kavika loves creating elaborate worlds and she spends most of her time writing action packed adventures, dangerously witty characters and a dash of comedy!

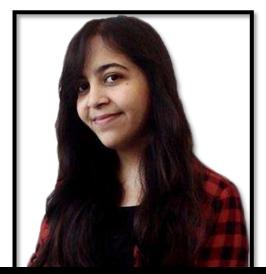
This book, Veer Trivedi And The Dreamrealm – The Ancient Codex by Author Kavika Sharma is an action packed novel filled with full of adventures coming under the category of 'Mystery Thriller!' The Novel revolves around Veer, who is the main character in this book. The story is mostly about the mysterious incidents, which occurs in the life of Veer and the implications resulted by those incidents.

Well, all Veer wanted was to stay out of trouble, but that becomes extremely difficult when she is accidentally summoned into a world filled with wonders and just as many dangers – the Dreamrealm. The book covers an amazing journey of the main character and magnificently narrates how things changes with Veer all of a sudden. The author has presented a full action packed story in the 24 Reading Worthy Chapters of this book.

Book Title: The title "Veer Trivedi And The Dreamrealm - The Ancient Codex" for this book, which is an action packed Mystery Thriller novel, is certainly an appropriate one with reference to the collection of chapters added in this book by the Author. Moreover, it is a very 'Catchy Title' and this is something, which makes the book even more interesting, as the title itself compels you to pick up this book for a read. In this case, the title is giving a very mysterious as well as an interesting vibe. Therefore, as a reader you would feel the urge to go inside the chapters and try to understand the Author's thoughts!

In addition, I must mention that the title of this book is much "Justified" with regards to the reading worthy storyline present in this book. Undoubtedly, it is a very apt Book Title for this novel & the Author had been extremely wise to go for this title.

Readers Connect: Through this book, Author Kavika Sharma has attempted to bring a feel of thrill for the readers and this is something, which will make the readers go page by page of this title. The story in this book covers everything, from mystery, thriller, suspense and the blend of spooky & horror vibe, the reader are bound to experience everything!



**AUTHOR KAVIKA SHARMA** 

Another very important aspect of this book is that the storyline is indeed engrossing & interesting and the narration style by the Author is so amazingly lucid, that it would totally hook the readers until the very last page of this mystery thriller novel.

Verdict: A Book like "Veer
Trivedi And The Dreamrealm —
The Ancient Codex" is for sure a
Must Read one & deserves a
chance by the readers. The way
Author had presented the
central character in this book
and made sure to retain the
suspense until the very end of
the storyline is truly incredible.
Her work is seriously praise
worthy as she has succeeded in
making a great book in the
category of mystery & thriller!

# Poems By Shrithika Kushangi



Shrithika Kushangi was born and raised in the city of happiness, Hyderabad. Growing up, she was fascinated by the magic of words which led to reading and she was drawn to writing down her thoughts. Later, Ms Shrithika Kushangi, who now works as a content writer developed a passion for writing and is taking a stroll, on the road to explore the varied forms of writing. Believing in slow progress and aiming to publish a book of her own, "The Literature Times" would be the second magazine to publish her writings!

#### How dark can it get?

How dark can it get?
Lone being the darkest and the shades fade with every person we met

Calm nights feel the coldest that gets warmer by the busy day "I'm all ears" is something we wish one would ever say

Get it clear, that only the cheerful times are focused Whereas the sad ones are not even openly discussed

Also, happiness is always celebrated by many But the contrary will never be shared by any

In my honest opinion, let me get this straight
Only the good times are captured, be it in landscape or portrait

#### BE A MAN!

There is something I want people to ask themselves, The answer to which cannot be found even if we delve.

Fed up with the instructions being given, And the comparisons to which I am being driven.

You cannot be lean as you gotta be strong!
No one's gonna accept you unless you are "King Kong".

The muscular body will make people stare, If you don't have it, none would even care.

Stop crying and "BE A MAN!"

Control your emotions as much as you can.

The colours you choose ought to be bold, You can never opt pink is what I've been told.

I just want to shout out to people who rumble, We are humans and it's okay to fumble.

The gender barriers were created by you,

I hope it will come to an end eventually in years one or two!

- Shrithika Kushangi

Daisy Minj born and brought up amidst a clam and greenery Tea Estate called Raidak along with her parents and two siblings, Her hunger to read and explore nature brought out the best in her i.e. express her feelings into words. Going on a trip with her cousins is one of her favorite hobbies apart from writing poems. "Being an Introvert is a choice but to write what I feel is my passion" is the quotes what inspires her to keep going.



#### PERFECT PARADISE IN YOUR ARMS

I know everything around us have been screwed due to the epidemic outbreak of "Corona virus". All are advised to quarantine oneself at home but it's sickening me coz, each and every corner of the house reminds me of you. The alarm clock which use to wake you up has now become my wakeup call every morning, the unlighted candles in our small altar is now glowing with multiple candles all seeking only one intention" To give you strength and keep you safe". Though I water your aloe Vera plants and few climbers in our balcony yet it's feels like they too miss your presence. The way you cared them at times I felt jealous and often mocked you for having gardening as a hobby. How can I forgive u for the name plate of our cottage - Mr. and Mrs. future Ekka's villa seriously Future who mention like that? I was so self-centered that "OUR" word was never valued unless that Sunday morning when the packed bags had occupied in our drawing room and so was your ambulance van parked in front of our future cottage. Your decision to fly to Kolkata to treat the victims provoke me to an argument. Little did I realize that your absence will affect me to an extreme. I never really tried to understand why you preferred one pillow instead of two on our bed, it was never that pillow but your arms that felt like paradise with amazing dreams to sleep with.

#### My Mom's wish!

"I have lived more than most by just dreaming" the silly talks of our marriage, the pre wedding shoot, the honeymoon, the hot pillow flights etc. I often portrait myself in between mom and u lest all are in vain. How I wish my mom could understand my love was unconditional. Her firm statement, "I hope you both are just friends not more than that", forced us to separate after a harsh argument. Be it my clothes, phones, university or my job, I happily agreed to you Mom. Until one day when Mrs. Xalxo aunty dropped by our house with her daughter, galaxy. Things changed between us mom; due to your impulsive decision you became a joy killer in my life. First few months imaging galaxy as me could be wife scared me. Separation wasn't that pain in the neck than seeing galaxy next to me, on bed, wedding frames, every party, gatherings. To be honest it felt like a nightmare. People might categories me as a cynical for I gave up my love for my mom's wishes. It's just that I never learned to say NO to my mom wishes and that's how she taught me to respect every mother's place in a guy's life.





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# The Literature Times

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