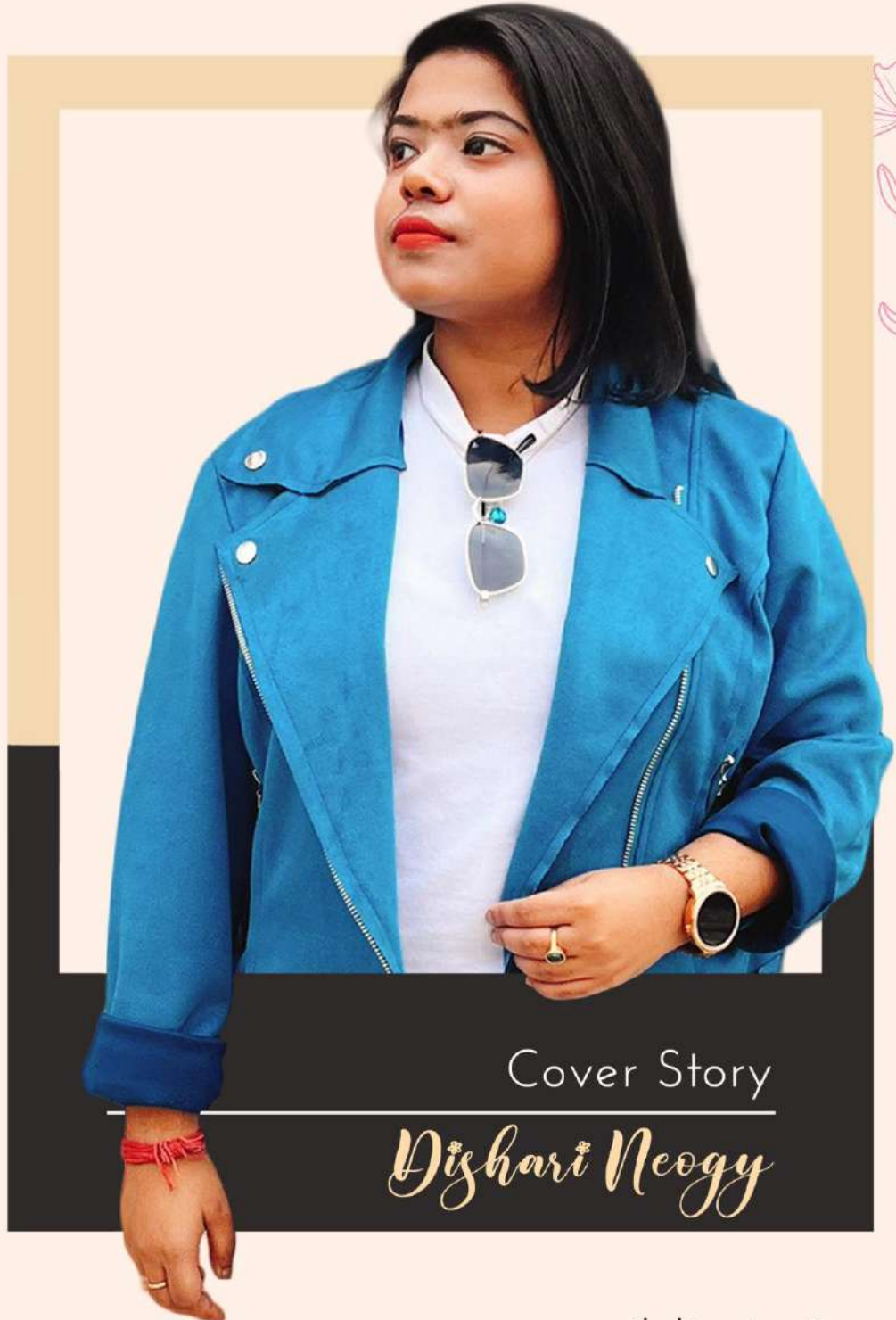


THE LITERATURE TIMES

Vol 2 Issue 4

Book Reviews

Author Interviews, Literary Articles



Cover Story

Dishari Neogy

theliteraturetimes.com

Editor's Note



POOJA SAHU

Editor-in-Chief

When we embarked on the journey of creating The Literature Times, little did we know the remarkable path it would pave for us. With each passing issue, we honed our skills, expanded our horizons, and absorbed knowledge that enriched our venture. The evolution of our magazine has been a transformative experience, reshaping our perception of media and bridging the realm of literature with the swiftly advancing domain of technology. As we proudly present the 3rd Issue of Volume 2 in the May 2023 Edition of The Literature Times, we stand on the threshold of new possibilities, ready to embrace a diverse array of fresh perspectives.

The magazine covers a wide range of themes, from technology to lifestyle to fashion to anything revolutionary or impactful in people's lives, and it even has book reviews and author interviews. Under the subject of current themes, it also features material that is timely and applicable to the contemporary situation. In addition, once readers get their hands on this issue, they will find a few unexpected inclusions.

We believe there is always more to add and learn, thus with each new edition, we push ourselves to new limits in order to better the following one. Consequently, we would appreciate it very much if our readers provided us with feedback at:

editorial@theliteraturetimes.com. We hope to hear from you soon. If you're reading this, I hope you enjoy it.

Enjoy your reading!

WELCOME

Cool to see you in this issue.

We invite you to join us in our journey to reach the next milestone and see what marvel our new venture has in store for us. Our effort intends to reach out to maximum readers who want to see the movements and developments in the literary world and aspire to write someday too. So, with the hope of giving you a joyous experience in reading, let's begin without delays.

We hope you enjoy this one.

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COVER STORY

BESTSELLING AUTHOR Miss Dishari Neogy

Miss Dishari Neogy is an Indian author and poet, who has authored more than 20 anthologies under various renowned publications; both national and international. She first published her work in “Over A Cup Of Coffee And Sunflower” in 2021.

Raised in a cultured Bengali family, she has been imbued with the classics of Rabindranath Tagore and Sri Aurobindo, the sonnets of Shakespeare, the sweet rhythms of Keats and Shelley, the fairy tales of Anderson and the eerie gothic of Walpole and Bram Stoker at a very pristine age of her adolescent life.

The Author



Her penchant towards delineating and deconstructing the layers of women characters got inexplicably flared after reading the romantic epics of Jane Austen. Emulating and following the footprints of her creative genius, she embarked on the journey of writing, fundamentally revolving her characters around women psyche and their social plight.

At a young age of twenty-five, Miss Neogy has appeared on the cover of many popular Indian magazines. Her understanding of our society, the hierarchical stratus prevalent in them have inadvertently affected and aggravated the “women problem”; and her consequent depiction of them in her articles, poems and short stories reveal a great depth of her comprehension and native language.

Besides her literary knack, she wanted to harness other particular skills. The author has completed a full-time course in Post-Graduate Content Writing Program from Henry Harvin Education.

She simultaneously underwent an English Composition Course under the tutelage of Professor Dr. Denise Comer, Duke University and a Copywriting and Proofreading course from Lancaster University.

1. Sylvia Plath Memorial Literary Prize, 2022.
2. Banstecia USA Award, 2022.
3. Rabindranath Tagore Literature Award, 2022.
4. Emily Dickinson Award, 2021.
5. Glantor X Nation Choice Award, 2021.
6. The Literary Stalwart, 2022.
7. The Literary Champion, 2022.
8. Dr. Rajendra Prasad National Excellence Award, 2022.
9. Young Researcher Award from Institute of Scholars, 2022.
10. William Shakespeare – Golden Book and Laureate Award, 2023.
11. Writer of the Year Award by AGL Excellence Awards, 2023.
12. Poetista by Backpenning Awards, 2022.

Apart from these numerous acclaimed accolades, she has featured in many national and international magazines. Miss Neogy became of the cover face **Women Magazine** by Women Dedication Awards in 2022 and in the consequent year, she got featured in **Glorious Magazine** under the uprising writers section.

1. Laura Mulvey's Redemptive Approach Against Cinema's Vengeful Narcissistic Scopophilia: A Tale of Eternal Struggle and Identity, **The Literary Herald**.
2. Human Zoo: The Hegemonization of 'Gaze', **International Journal of Arts and Science**.
3. Deconstruction of the Conceptual 'Center' as a Post-modern Phenomenon, **International Journal of English Research**.
4. Translatable Words for Untranslatable Indigenous Essence, **International Journal of Engineering, Management and Humanities**.



Over A Cup of Coffee And Sunflower - Her first published work. In this book, she has published five poems, all essaying the innocent emotions and anguish that one encounters in daily life.

Moonlight – This is her second anthology, where two of her heart-wrenching poems got published; portraying the pent up emotions of a sophomore girl.

Peace and Faith – in this book she has written a short story about how peace can be achieved through ‘Faith’. Even after losing everything we hold dearest to us, we can acquire solace by endowing unaccounted faith in God.

Angels of God – This is one of her closest work till date. In this creative piece, she has written about her muse, her inspiration; about the iconoclast, Mary Wollstonecraft. She betrayed how her intellectual ideas created revolutions centuries back and how they still reform and revamp our conception of woman emancipation in general; and ‘marriage’ in particular.

Laura Mulvey’s Redemptive Approach Against Cinema’s Vengeful Narcissistic Scopophilia – This research indictment has been her most difficult and outstanding pieces. A lot of her creative thought and unconventional thinking have come into play while writing down this research paper.

How ‘cinema’ or ‘camera’ has been used as a paraphernalia to ogle at women and she simultaneously dealt with how women have been exposed brutally to satiate ‘male gaze’. Miss Neogy has impeccably highlighted the dichotomy between a ‘male gaze’ and ‘female to be gazed at’ and the undaunted superiority of the former over the later.

Deconstruction of the Conceptual ‘centre’ as a Post modern phenomenon – In this article, the author has used the term ‘centre’ as coined by Jacques Derrida and how all our ideas revolve around de-centering that very centre. She further advocated that the binary concepts like: day-night, light-darkness, man-woman, black-white and so on. By de-centering she meant, de-structuring the concepts into many microscopic area of analysis.

INTERVIEW QUESTIONS

Which literary figure inspired you to write?

Ans – Of all the great literary stalwarts that permeate women literature; Mary Wollstonecraft has been the most inspiring and influential advocate of women rights, their liberation and consequent emancipation from tyranny. An iconoclast, a harbinger of change, an unsuppressed woman with a voice of revolution and an undaunted spirit; she was a formidable figure to her own contemporary compatriots and a ‘role-model’ for her progeny to follow.

My adulation has increased after reading her pioneer indictment, **A Vindication of the Rights of Women**; where she brutally assassinated the ongoing onslaughts against women character and their role in society. Being an eloquent advocate of women rights and education, she emphasized upon the importance of ‘women education’ and consequent independence that comes with it.

Emulating the footprints of Wollstonecraft, Virginia Woolf mentioned in her essay, **A Room of One’s Own**, how prerequisite it is to have basic knowledge of the world and the society one inhabits.

Before embarking on this journey of writing, I devoured all the works of Wollstonecraft in order to better understand the women plight in her generation and how much she strived to enhance it. As a female author and as an exponent of ‘egalitarianism’; I always desired to philosophize against the evils and social stigmas that have crept in our society in unbridled fashion.

Do you believe that writing should be ethical and moral?

Ans – I think that all literary pieces act as a reflection of the society in which they reside. It should showcase, both the ‘evil’ and ‘good’ that is prevalent in our community and inside human psyche. I believe that all creative pieces should demonstrate the triumph and victory of ‘good’ over ‘evil’, in order to install a fear of being admonished.

A literary work should educate its readers to become a responsible human being who will diligently uphold the moral ethics of a disciplined society, and would not blindly fall prey into the traps of sinister conventions, obnoxious rules and decorum and stringent superstitions. It should indoctrinate readers with ‘equality’, ‘morality’, ‘respectability’, ‘freedom of choice’, ‘open-mindedness’, ‘proper sense of judgment’ and a ‘rational’ citizen.

Do you believe in ‘writer’s block’?

Ans – I think all great writers have faced writer’s block at least ones in their lives. It has remained in Literature since its inception, but many authors denied its existence; either they were unable to comprehend the malady or due to severe mortification in front of general public. Renowned writers like *Ernest Hemmingway*, *Maya Angelou*, *Jhumpa Lahiri*, *John Steinbeck*, *Ray Bradbury* and many more have confronted the same ailment irrespective of their cognizance.

But there are myriad convenient ways to surmount writer's block. One can overcome this by simply writing and by writing every day, whatever that clouds your mind and thought. All pieces of writing reflect a piece of your thought, ideas, solutions to problems and viewpoints that trespass your shrouded mind. One can also defeat writer's block by taking a brief break from bustling ruminations and rampant ideas that have gradually stagnated your mind. Unburden yourself, unlearn the knowledge you learnt and try to spend adequate time with Nature and with oneself in order to rediscover yourself in a much better way than you did previously.

Hence to me, writer's block is an affliction that happens very naturally to everyone. It's like an infirmity that would disable your thinking process, disrupt your smooth flow of writing and dilapidate your otherwise strong conscience. The more you strive to write, the better it would be for you to regain your mental vigilance. That is a time, when one will feel a total absence of ideas and concepts that once came very smoothly to oneself. But like all the great novelists and writers, its like a mental blockage, which mostly dwell in our mind and cloud our normally transparent vision. There was a time when Leo Tolstoy was unable to write for few years before finally writing one of the greatest novel of all time, *War and Peace*. Hence, no phase is permanent in a person's life.

Which is your favourite literary piece? And how it influenced your literary standpoint?

Ans – It's quite difficult to pick any particular book from all the great creative pieces, but there are three classical novels that overwhelmingly revamped my perspective and significantly influenced it. All the books that I have encompassed have magnificently shaped my understanding of the great cosmos, its intricate workings. The multicultural nature of the people, the innuendoes of multitudinous societies and the convoluted conventions that are so sublimely entangled with human lives.

Jane Eyre by **Charlotte Bronte**, one of the greatest epic novels of nineteenth century. It has delicately portrayed the plight of women in England and how they were treated by their husbands and the vicinity at large. Bronte undeniably sketched the traumatized experience of Jane, by underlining the oppressive traits of an English society – where 'gender', 'religion', 'superstition', 'spiritualism', 'class inequality'; have been used as a paraphernalia to brutally annihilate their identity. They have often been entitled as "madwomen", when they raise voice against patriarchy. Through this novel, Bronte wanted to create an awareness for her readers to be exquisitely articulate about their choices, demands, decisions, sense of judgment and freedom.

One of the finest twentieth century novel, *Gone With The Wind* by **Margaret Mitchell**, has depicted the unashamed dalliance of Scarlett against the backdrop of American Civil War and her unabashed attitude to save her plantation from Yankee attacks, have made the novel a revolutionary piece of artwork. Her spiritual and moral rejuvenation have been the most poignant moment in the entire book, where before long separation Scarlett told Rhett, "Tomorrow is another day" in the hope of retrieving her lost love in Rhett's shattered heart.

And finally, *Things Fall Apart* by Chinua Achebe, where the author have outstandingly delineated the African background of incessant disruption and quest for freedom from the rigorous clutches of the western world. How the white people have relentlessly dominated their life, deprived them of basic fundamental education and possession of native land, treated them as outlanders in their own country, shunned them from basic amenities and excommunicated them mercilessly when they don't abide by the colonizer's rules and decorum.



What one advice you would give to the budding writers?

Ans – The keys to success are – ‘discipline’, ‘effort’, ‘dedication’, ‘practice’ and ‘perseverance’. If any person follows these five rules, they will undoubtedly attain their goal, for which you have to undergo excruciating pain and rigorous hardships. But like a ‘Phoenix’, it will make your character robust, your heart chiseled, your spirit unflinching and your vision more hyperopic. The more you will burn, the better will be your personality. The more you strive, the better will be your understanding of the world.

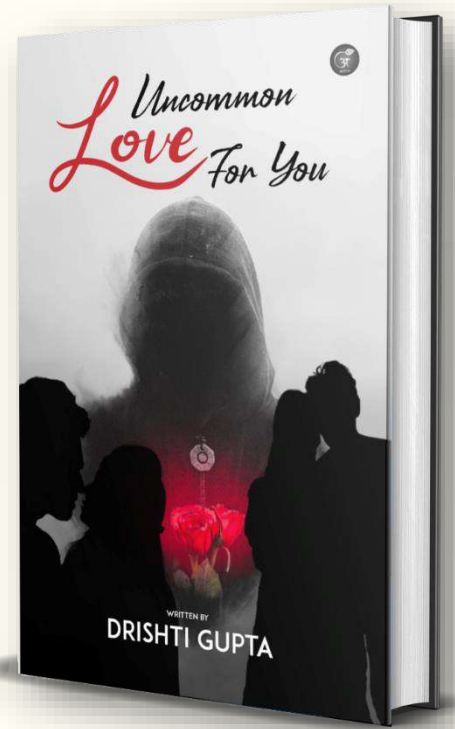
One’s dedication and perseverance towards one’s passion assist them to achieve the unattainable. It’s a small advice to all the budding writers, never halt your writing, never take break from the spontaneous flow of emotion and never ponder too much over the subject of your writing. As both reading and writing goes hand in hand, a person cannot understand the complexities of the world if he/she is not elaborately acquainted with the mature world outside, which is far more cumbersome and uncouth than the walled cloister of one’s life. Hence, growing up is a never ending process of ‘evaluation’ and ‘socialization’, where we learn until our last breath.

Uncommon Love for You by Drishti Gupta

Book Review

In "Uncommon Love for You," Drishti Gupta weaves a mesmerizing tale of love, self-discovery, and the struggle for personal freedom, set against the backdrop of a conservative society in Sangrur, Punjab, India. The novel introduces readers to Deepti, a young woman with aspirations and dreams that clash with the traditional expectations of her family.

From the very beginning, the reader is drawn into Deepti's world. Her passion for her career is palpable, and it becomes evident that she is determined to achieve her goals despite the obstacles in her path. Gupta's skillful portrayal of Deepti's inner turmoil captures the internal conflict many individuals face when trying to balance their desires with societal norms.



As the plot unfolds, Deepti's life takes an unexpected turn when she meets Daksh, the man who becomes her love interest. The chemistry between them is undeniable, and their romantic journey is a rollercoaster of emotions. Gupta delves deep into the complexities of love, portraying the highs and lows of their relationship with authenticity and sensitivity.

Throughout the novel, Gupta does an excellent job of developing the characters, making them relatable and multifaceted. Readers will find themselves empathizing with Deepti's struggles and cheering for her triumphs. Daksh, too, is portrayed as a well-rounded character with his strengths and flaws, making the relationship between the two feel genuine and compelling.

A prominent theme in "Uncommon Love for You" is the concept of personal freedom. Deepti's desire for autonomy and the ability to make her own choices resonates with readers on a universal level. Her journey to break free from the constraints of her conservative upbringing is inspiring and relatable, as it mirrors the struggles faced by many individuals striving to pursue their dreams while navigating societal pressures.

The narrative's pacing is well-balanced, with moments of intense emotion and introspection interspersed with lighter, heartwarming scenes. Gupta's writing style is engaging and evocative, pulling the reader deeper into the world of Deepti and Daksh. The vivid descriptions of Sangrur and its cultural nuances add richness and depth to the story.

As the novel progresses, the anticipation builds, culminating in a climactic twist that leaves readers on the edge of their seats. The unforeseen event that lands Daksh in the hospital adds a layer of suspense to the story and paves the way for the much-awaited sequel.

"Uncommon Love For You" is more than just a love story; it is a journey of self-discovery and empowerment. Deepti's evolution as a character is both compelling and inspiring, making her a relatable and admirable protagonist. The novel challenges traditional norms and celebrates the importance of following one's heart, even in the face of adversity.

Gupta's exploration of love is raw and honest, portraying the complexities of relationships and the transformative power of genuine affection. The emotional depth of the narrative ensures that readers become emotionally invested in the characters' lives, eagerly rooting for their happiness.

One of the novel's strongest aspects is its depiction of cultural and familial dynamics. Gupta skillfully navigates the intricacies of Indian family life, highlighting the clash between modern aspirations and traditional values. This adds authenticity to the narrative, making it relevant not only to Indian readers but to a global audience seeking stories of human resilience and love.

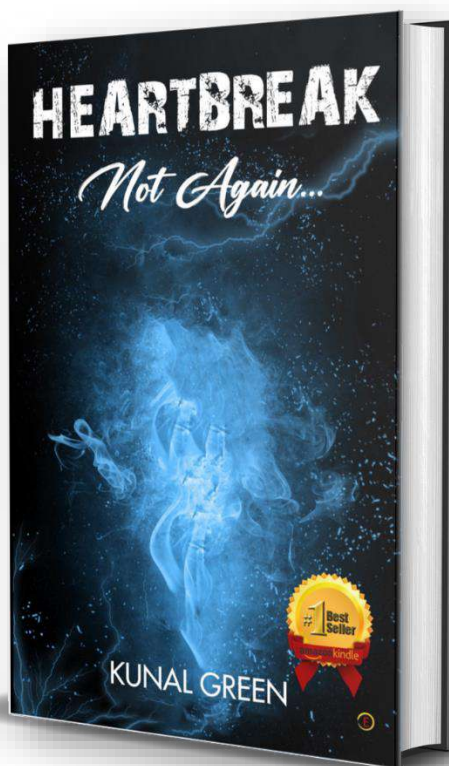
In conclusion, "Uncommon Love for You" is a captivating fiction novel that resonates with readers on multiple levels. Drishti Gupta's skillful storytelling and well-crafted characters create a compelling and emotionally charged narrative that keeps readers hooked until the very end. Deepti and Daksh's love story is an enthralling journey of self-discovery and breaking free from societal expectations.

The novel's open-ended conclusion leaves readers eagerly anticipating the sequel, promising further exploration of the characters' lives and relationships. "Uncommon Love For You" is a must-read for anyone who enjoys love stories with depth and substance, as well as those who appreciate tales of personal growth and empowerment. Drishti Gupta's debut novel is a promising addition to the world of fiction, and her future works will undoubtedly be awaited with anticipation.

Title: Heartbreak Not Again...

Author: Kunal Green

Reviewed By: Akhila Saroha



"Heartbreak Not Again..." by Kunal Green takes readers on a captivating journey through the life of Manav, a young boy striving for success in his career, navigating the complexities of love, and embarking on a path of self-discovery. This book beautifully portrays the trials and tribulations of young adulthood, reminding us that life is an ever-evolving adventure. True to its nature, the book shows a character that is at the crossroads of different points in his life, which would help his personality evolve into a different version. How he goes through those situations while becoming a refined version of himself, "Heartbreak Not Again..." is about that.

From the very beginning, the author presents a refreshing perspective that the book is more of an exploration of the life of one person and all that comes along with it. Green challenges the notion of there being just one true love story and explores the idea that we can encounter multiple loves throughout our lives. This central theme sets the stage for Manav's story, as he encounters numerous individuals and experiences that shape his understanding of love and its complexities. As the title "Heartbreak Not Again..." sends out multiple meanings, interpretations and thoughts in the minds of the readers, but it is only on close reading and analysis that they are able to make sense of the title.

The narrative of “Heartbreak Not Again...” unfolds against the backdrop of different cities, starting from the bustling city of Hazaribagh and extending to the vibrant streets of Delhi and beyond. These vividly depicted settings provide a rich tapestry against which Manav's journey of self-discovery is woven. As readers, we are immersed in the sights, sounds, and culture of each location, enhancing the overall reading experience. One of the book's strengths lies in its well-developed protagonist, Manav. Green skillfully portrays his triumphs, heartaches, and personal growth throughout the narrative. Manav is a relatable character, and readers will empathize with his dreams, aspirations, and the challenges he faces. We witness his evolution from a young and naive boy to a mature individual who learns valuable lessons from his experiences. This growth is both inspiring and thought-provoking, making Manav's journey a compelling one.

Furthermore, the book delves into themes of ambition, career, and the pursuit of one's passions. Manav's pursuit of success in his chosen field is a recurring thread throughout the narrative of “Heartbreak Not Again...” Green beautifully captures the dilemmas faced by many young adults as they balance their personal desires with societal expectations. This exploration adds depth to the story and prompts readers to reflect on their own ambitions and the sacrifices they may need to make. Manav as a person, is relatable for many as young adults encounter similar situations in their life as he does and have to make decisions that are difficult for their time back then.

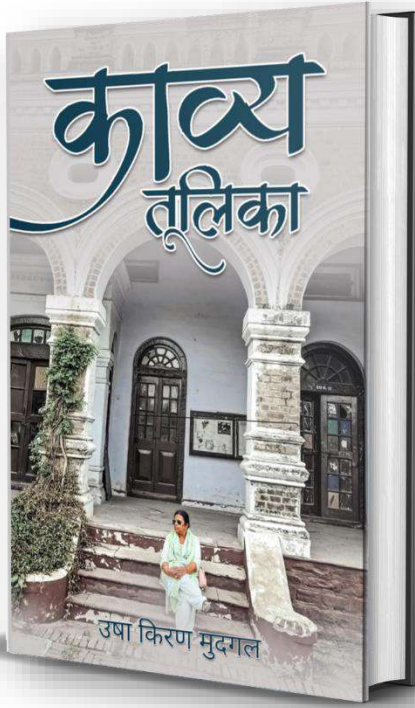
The writing style employed by Kunal Green in “Heartbreak Not Again...” is engaging and evocative. The narrative flows smoothly, allowing readers to become fully absorbed in the story. Descriptive passages bring the settings and characters to life, painting vivid pictures in the reader's mind. Green has a keen eye for detail and a talent for capturing the emotions and complexities of human relationships, making the book a truly immersive experience. The narrative swings between the pen of the third person, who is an observer of Manav's life, and Manav, who sometimes shares his state of mind directly with the readers.

"Heartbreak Not Again..." serves as a reminder that life is not a linear path but a constant journey of self-discovery. This journey begins at the time one enters high school for practically the next decade until the person becomes settled in their field of work. The author skillfully weaves together the various threads of Manav's life, presenting a cohesive and relatable narrative. Each twist and turn in Manav's journey offers an opportunity for growth, allowing readers to reflect on their own experiences and find resonance in the story. This book can also serve as a set of lessons for all those who are yet to start their journey into adulthood and enter the process of finding themselves.

"Heartbreak Not Again..." by Kunal Green is a compelling tale of love, self-discovery, and personal growth. Through the eyes of Manav, readers are taken on a journey that is both relatable and thought-provoking. The book beautifully captures the essence of young adulthood and reminds us that every experience, whether joyous or painful, shapes us into who we are. His experiences, whether good or bad, serve as examples of how life is a combination of happy and sad times. It is a poignant and engaging read that will resonate with anyone who has ever embarked on a quest to find themselves in the midst of life's trials and tribulations.

AUTHOR
KUNAL GREEN





Book Title: Kavya Tulika
Author: Usha Kiran Moodgal

Review By Akhila Saroha

Poetry as a collection of ideas is the most potent form of expression and sharing of emotions that make a book relatable, and understandable and draws the readers close to the aesthetic aspects of life. A new attempt in this direction has been made by Usha Kiran Mudgal in her poetry collection, “Kavya Tulika.” This collection of Hindi poetry is a beautiful and insightful exploration of the power and potential of the Hindi language.

The author's skill with words is evident throughout, as each poem evokes a vivid and emotional response in the reader. The themes of the poems are wide-ranging, from love and nature to spirituality and the human condition. The collection is thoughtfully structured, with each poem building on the themes of the ones before it and taking the reader on a journey of discovery and introspection. What is especially impressive about this collection is how it manages to be both accessible and challenging at the same time, with language that is both beautiful and approachable. Whether you are a fan of Hindi poetry or are simply looking for an enriching and rewarding reading experience, this collection is sure to captivate and inspire you.

One of the most impressive aspects of this collection is the way in which the author manages to convey complex emotions and ideas with a simplicity of language that is truly remarkable. Each poem feels like a meditation on the human experience, with observations and insights that are both deeply personal and universally resonant. Another strength of this collection is its ability to transport the reader to different times and places. From the hustle and bustle of city life to the peace and tranquillity of the countryside, the poems evoke vivid images and sensations that are almost palpable. It is clear that the author has a deep connection to the world around them, and this connection shines through in their writing.

Finally, what is perhaps most striking about this collection is its ability to inspire introspection and reflection. Many of the poems deal with themes of self-discovery and personal growth and reading them feels like a journey of self-exploration. The reader is left with a sense of greater understanding and empathy, not only for themselves but for the world around them. This collection of Hindi poetry is a true gem, full of beauty, insight, and wisdom. Whether you are a lover of poetry or are simply looking for a way to connect with the richness and diversity of Indian culture, this book is well worth your time and attention.

Language is a powerful tool for self-expression, and this is perhaps nowhere more true than in the world of poetry. The choice of language used in a poem can have a profound impact on the way that it is perceived and understood by the reader, shaping the tone, mood, and overall meaning of the piece. In this collection of Hindi poetry, the author has chosen to use the Hindi language as their medium of expression, and the result is truly remarkable.

One of the most striking things about “Kavya Tulika” is the usage of Hindi for writing. Through this, the author conveys a depth of meaning that is simply unmatched by other languages. The language is full of nuance and subtlety, with an almost musical quality to its rhythms and cadences. Moreover, Hindi is a language that is deeply rooted in Indian culture and tradition. By using Hindi as the medium of expression for this collection of poetry, the author is able to tap into a rich vein of cultural heritage, drawing upon centuries of history, mythology, and tradition to create a collection of poems that is at once deeply personal and universally resonant.

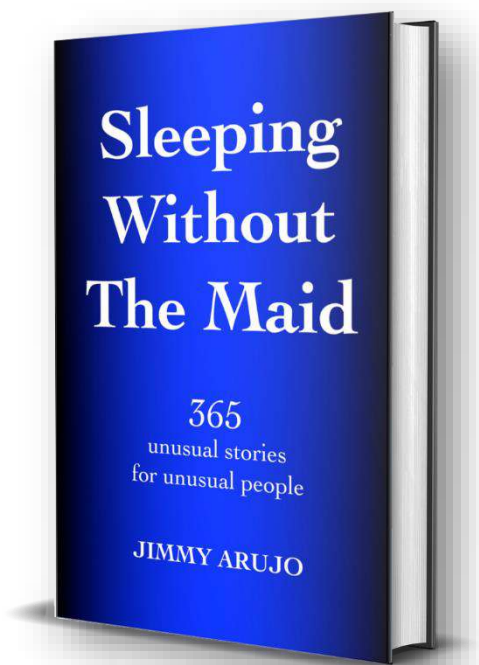
Ultimately, the power of language lies in its ability to connect us with others and with the world around us. Through the use of Hindi in this collection of poetry, the author is able to forge a connection with readers that transcends the boundaries of language and culture, creating a space for shared experience, empathy, and understanding. For lovers of poetry and Hindi language alike, this collection is a true masterpiece, a testament to the power of language to move, inspire, and transform us.

BOOK REVIEW

Title: Sleeping Without The Maid

Going beyond its title, "Sleeping Without The Maid" not only showcases Jimmy Arujo's prowess as a poet but also highlights his unique perspective on life and love. His uninhibited exploration of human relationships, both the joyous and the melancholic, makes the collection deeply relatable and emotionally resonant. Readers will find themselves immersed in a world where vulnerability is celebrated and the complexities of the heart are laid bare. Arujo's poetic voice is distinctive and refreshing, evoking a sense of authenticity that captivates readers from the very first poem. He fearlessly delves into the depths of human desires and experiences, shedding light on the raw and unfiltered aspects of life that are often left unspoken. In doing so, he creates a safe space for readers to confront their own emotions, fears, and desires, encouraging self-discovery and introspection.

The humor that permeates throughout "Sleeping Without The Maid" acts as a soothing balm, alleviating the weight of life's struggles and challenges. Arujo's wit and playful language not only elicit laughter but also serve as a reminder that life should be embraced with a light heart and a willingness to find joy even in the most unexpected places. Moreover, "Sleeping Without The Maid" defies conventional notions of poetry, presenting an unconventional and refreshing approach to the art form. Arujo's poems break free from the shackles of traditional structures, embracing a free-flowing style that mirrors the spontaneity and unpredictability of life itself. This departure from the norm allows the author's creativity to soar, resulting in a collection that feels liberated and unbounded.



Jimmy Arujo

"Sleeping Without The Maid" has vivid imagery and evocative language that paint a colorful tapestry of emotions and experiences, transporting readers to the heart of each narrative. Arujo's keen observations of human behavior and his ability to capture the essence of fleeting moments make the poems come alive with rich detail and authenticity. It is this attention to detail that makes "Sleeping Without The Maid" an immersive and engaging reading experience. Arujo invites readers to step outside their comfort zones, encouraging them to embrace the unknown and find beauty in the unexpected.

In a literary landscape that often adheres to the mainstream and familiar, "Sleeping Without The Maid" stands as a testament to the power of embracing one's individuality. It celebrates the importance of diverse voices and perspectives, opening the door for a more inclusive and dynamic literary community. Aspiring writers, especially those who have felt constrained by societal norms, will find inspiration in Arujo's bold and unapologetic approach to self-expression. Beyond its literary merits, "Sleeping Without The Maid" also raises important questions about societal expectations and conventions. Arujo's willingness to explore taboo subjects challenges readers to reevaluate their preconceived notions and to question the limitations placed upon self-expression. In a world that often values conformity over individuality, this collection serves as a rebellious call to embrace one's true self and to celebrate the complexities that make each person unique.

One cannot help but marvel at Arujo's ability to infuse humor and lightness into even the most profound themes. His poems are imbued with a sense of joy that emanates from his zest for life and his love for storytelling. It is evident that Arujo finds joy in the act of creation, and this joy is infectious, leaving readers with a renewed appreciation for the beauty of existence. As readers traverse the pages of "Sleeping Without The Maid," they will encounter poems that are candid, intimate, and at times, provocative. Each piece offers a glimpse into the author's soul, revealing the tapestry of emotions and experiences that have shaped his worldview. In doing so, Arujo invites readers to embark on a journey of self-discovery, urging them to confront their own vulnerabilities and embrace their true selves.

"The Brown Sunshine" by Arvind Rishi is a gripping psychological thriller that delves into the depths of pain, grief, and the intricate workings of the human mind. The story revolves around Anthony Biswas, a forensic pathologist haunted by a traumatic incident from his past. Rishi skillfully weaves together a tale that blurs the boundaries between reality and dreams, leading Biswas on a journey of self-discovery and unimaginable horrors



Rishi's writing style is captivating, drawing the reader into the twisted world of Biswas' mind. The narrative unfolds with a perfect balance of suspense and introspection, keeping readers on the edge of their seats while also provoking deeper thoughts about the nature of existence and the choices we make. The author's attention to detail is commendable, painting vivid landscapes of both the physical and psychological realms.

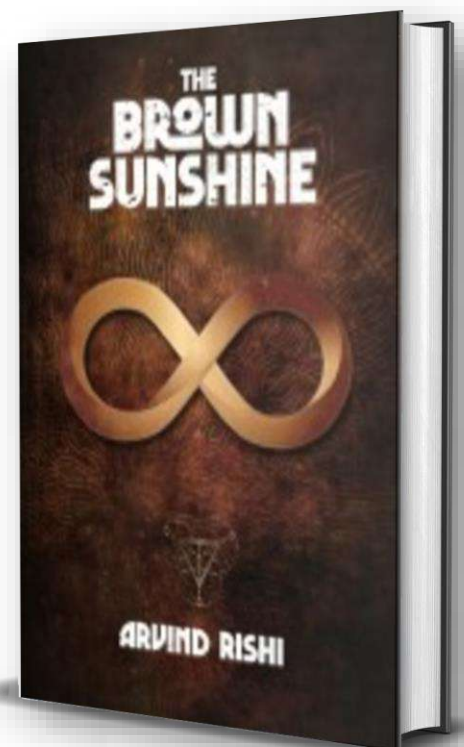
One of the strongest aspects of the book is its exploration of grief and the different ways in which individuals cope with loss. Through Biswas and his friends, Rishi presents a poignant examination of the human condition and the enduring impact of past traumas. The characters are well-developed, each with their own complexities and motivations, making them relatable and compelling.

Title: The Brown Sunshine

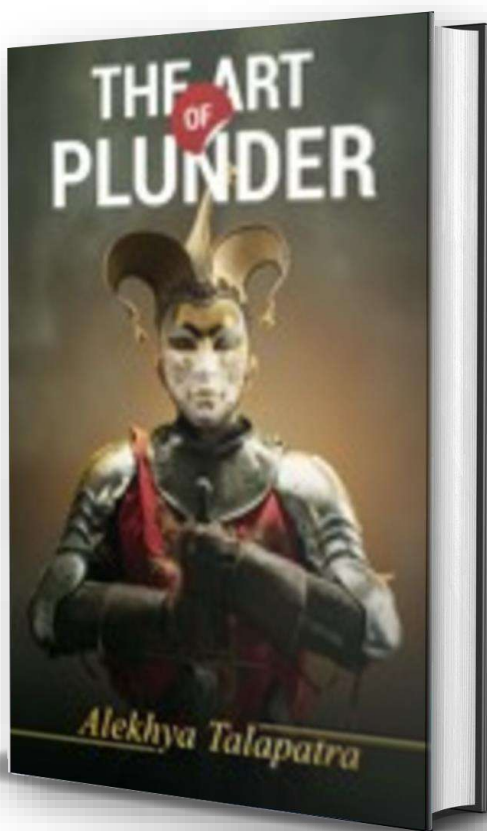
Author Name: ARVIND RISHI

"The Brown Sunshine" is an emotionally charged novel that touches upon universal themes of love, loss, and the fragility of human connections. Rishi's portrayal of the protagonist's struggle with his memories and the disintegration of his reality is hauntingly beautiful. The suspenseful plot keeps readers engrossed, with unexpected twists and turns that will leave them guessing until the very end.

Overall, "The Brown Sunshine" is a thought-provoking and suspenseful thriller that will appeal to fans of the genre. Arvind Rishi's skillful storytelling and deep exploration of the human psyche make this novel a standout read. It is a book that lingers in the mind long after the final page is turned.



Title: The Art of Plunder Alekhya Talapatra



In the world of greed, where even the smallest act can have far-reaching consequences, author Alekhya Talapatra presents a captivating story in his remarkable novel, "The Art of Plunder." With its suspenseful and thrilling narrative, this book takes readers on a gripping journey through the lives of its main characters and the events that shape their destinies. Talapatra's clever storytelling draws readers deep into the storyline, immersing them in a world filled with suspense and intrigue.

A consultant in the technology industry and an accomplished painter, author Alekhya Talapatra brings his wealth of experience and passion for storytelling to "The Art of Plunder." Having previously authored books like "Who Killed Her Husband" and "What's Meant To Be Will Always Find A Way!," Talapatra has established himself as a versatile writer. Published by Evincepub Publishing, "The Art of Plunder" was released worldwide on May 26th, 2023, and is readily available in both paperback and e-book formats.

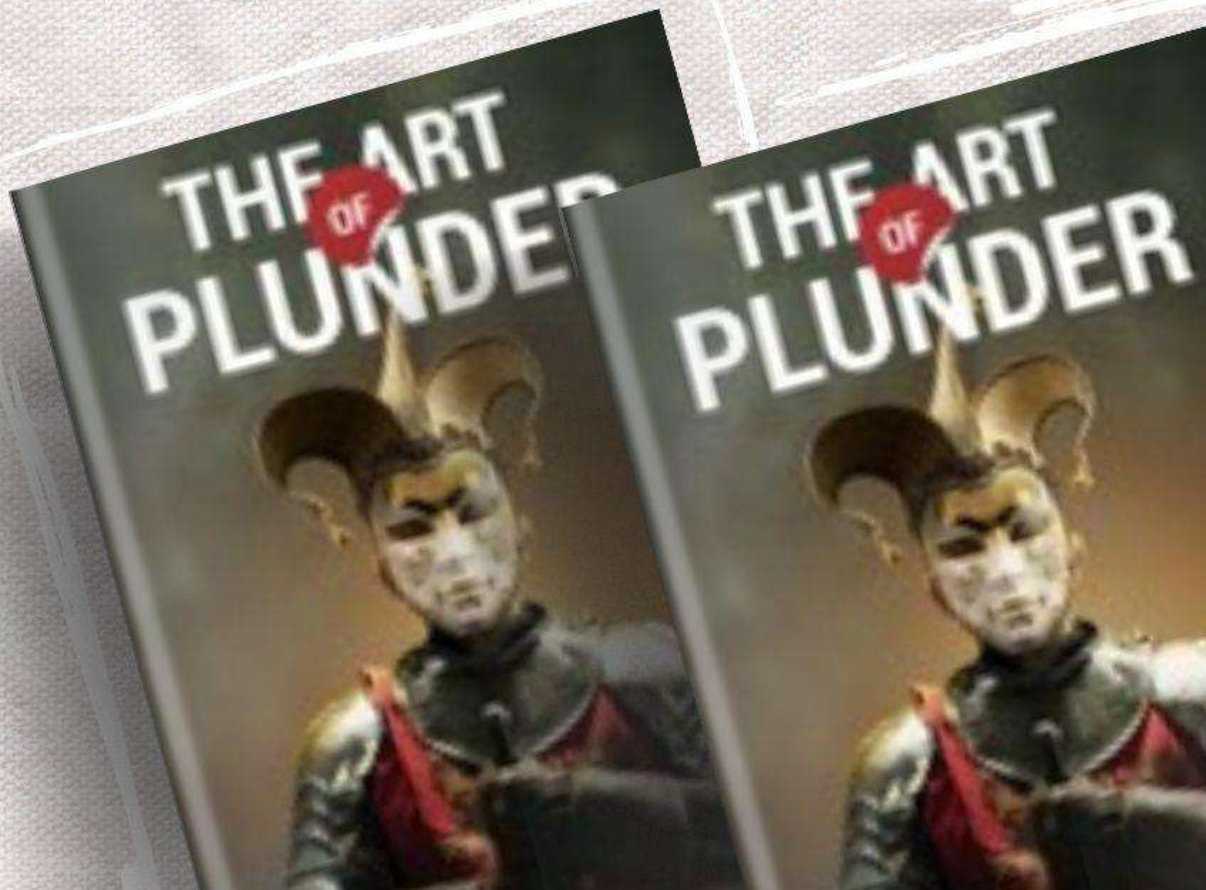
Categorized as a historical fiction thriller, "The Art of Plunder" takes readers on an enthralling journey into the realms of greed, historical artifacts, and the pursuit of vengeance. Set against the backdrop of a thriving market for historical relics, the story follows Raina in Srinagar and Neel in Jorhat as they navigate treacherous paths fueled by loss and a burning desire for retribution.

The book opens with the heart-wrenching loss of the protagonists' fathers and their subsequent abandonment, all due to the insidious grasp of greed. This pivotal event sets the stage for Raina and Neel to embark on a quest for justice and redemption. Their paths intertwine when they encounter two ancient Buddhist relics, Yiddhi and Yiddham – a gold mask veiled by a five-headed cobra and a gem-studded gold tortoise, respectively. These artifacts not only symbolize their shared fate but also become catalysts for their intertwined journeys. Within the "24 Reading Worthy Chapters," readers will encounter numerous twists and turns skillfully woven by the author.

The choice of the book's title, "The Art of Plunder," aptly captures the essence of this suspenseful tragedy. It perfectly aligns with the sequence of chapters and evokes a sense of intrigue and fascination, compelling readers to delve into its pages. The book is a testament to the author's skill in crafting a captivating and thought-provoking tale that lingers in readers' minds long after they have finished reading.

One of the notable strengths of this novel lies in its vivid portrayal of the greed-driven world of historical artifact hunting. Talapatra effectively captures the ruthless and cutthroat nature of this industry, blurring the line between preservation and exploitation. Through atmospheric descriptions and meticulous attention to detail, the author transports readers to bustling marketplaces, hidden archaeological sites, and clandestine dealings that shape Raina and Neel's thrilling pursuit. The characters in the story are well-developed and multi-dimensional, each driven by their own motivations and haunted by personal tragedies.

The engrossing and fascinating chapters, coupled with the author's lucid narration, ensure that readers will be hooked until the very last page of this incredibly written novel. "The Art of Plunder" is a must-read work that masterfully explores the depths of human nature and the complexities of moral choices.



Just Another Myth

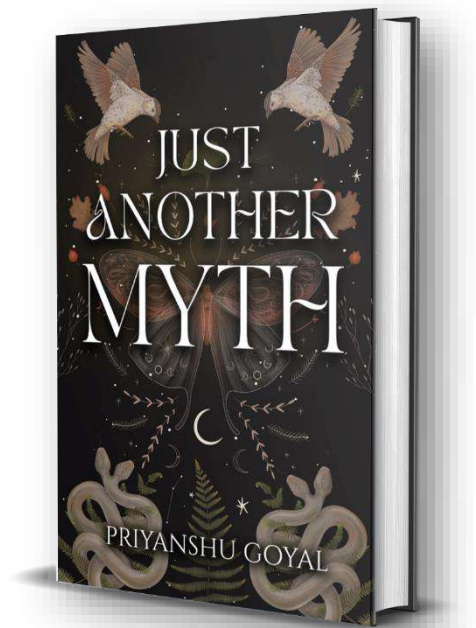
Priyanshu Goyal

Myths have always inspired stories as well as guided people's lives. At the same time, they have also been a thing of beauty to ignite the fascination of children and give them wings to explore new worlds through the tales told. "Just Another Myth" by Priyanshu Goyal is a captivating collection of stories that takes readers on a spellbinding journey into the mystical world of folklore and mythology. With an ardent fascination for the power of myths, the author delves deep into the enchanting realm of surreal characters, extraordinary creatures, and ancient wisdom, exploring their subtle influence on our daily lives. The author's skills as a story weaver and narrator come to light through the book, and his craft in making them interesting also shows up throughout the collection.

Goyal's exploration of myths began with a profound appreciation for the term "mythic" and its ability to evoke a sense of wonder and awe. Intrigued by the captivating tales from various mythologies, the author embarked on a quest to unravel their timeless wisdom and uncover their relevance in the modern world. With meticulous attention to detail, each story in the collection is crafted with care and precision, reflecting the author's dedication to their craft. "Just Another Myth" also serves the purpose of reinforcing mythological reading by taking mythological characters like "Medusa," "Sisyphus," and titling stories after them.

"Just Another Myth" presents an array of stories inspired by Greek, Norse, and Indian mythology, as well as chilling creepypastas that offer a spine-tingling experience for those who dare to venture into the darker realms of the supernatural. However, these stories are far from being mere retellings of ancient fables; they are imaginative reinterpretations that infuse each scene with a fresh perspective and unexpected twists. Goyal's unique voice shines through as they seamlessly blend elements of fantasy, adventure, and suspense, creating a tapestry of narratives that captivate and enthrall readers. Although the stories are mythology based, they still have an intangible modern touch, which distinguishes them from the kinds written earlier.

What sets "Just Another Myth" apart is the author's ability to explore the subtle ways in which these myths inspire and influence our real-world experiences. Goyal skillfully weaves together elements of ancient tales with contemporary themes and issues, showcasing the enduring relevance of mythology in our lives.



From stories that explore the complexities of human nature to those that shed light on the power of compassion and resilience, each tale carries a profound message that resonates with readers. Stories like "Touch of Love," "An Accidental Legend," "Two Faces of Truth" show the artistic capabilities of the author and hence, also provide stories of different tastes to readers. This ensures that every kind of reader can find stories of their interest.

Goyal's writing style is accessible and engaging, catering to readers of all ages and backgrounds. Whether well-versed in mythology or newcomers to the genre, readers will find themselves drawn into the stories, eagerly turning the pages to unravel the mysteries that lie within. The author's passion for the subject matter is palpable, permeating every sentence with a sense of wonder and intrigue. He also uses image representations here and there to give the readers' imaginations new flights into the realms of fantasy. This would also serve to encourage the creative faculties of children through usage of their imagination.

"Just Another Myth" is not simply a book for entertainment; it serves as an invitation for readers to reflect on the significance of mythology and its enduring relevance in our modern world. By delving into these timeless tales, Goyal prompts readers to reconnect with the magic that resides within each and every one of us, igniting our imagination and reminding us of the power of storytelling to shape our understanding of the world. In consideration of these features and qualities, the book is recommended not only to grown-up readers but also to young readers who may not be entirely familiar with mythology. While the familiar readers can easily join the dots, the readers new to mythology can develop a newfound understanding and may also explore this genre of literary writing further.

"Just Another Myth" by Priyanshu Goyal is a captivating collection of stories that rejuvenates ancient tales with a fresh perspective. Through skillful storytelling, the author transports readers to mythical realms where the extraordinary becomes tangible. With its blend of adventure, suspense, timeless wisdom, and thought-provoking themes, this book inspires and entertains, leaving readers with a renewed appreciation for the power of mythology. Will these myths become "Just Another Myth," or will they continue to inspire and captivate readers for generations to come? Only time will tell, but for now, readers are invited to embark on a journey into the mystical world crafted by Priyanshu Goyal and discover the magic that lies within us all.

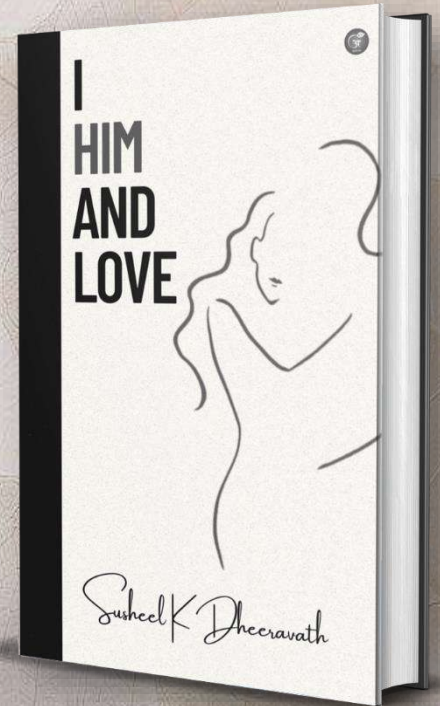


Susheel K Dheeravath

The journey of a person can be fascinating and interesting when it has life changing events or events beyond the ordinary. Susheel K Dheeravath's debut novel, "I, Him, and Love - (A Surreal Tale)," takes readers on an enchanting and introspective journey into the world of a hopeless romantic. With a touch of surrealism and a poignant portrayal of love's complexities, the author captures the essence of human emotions and the challenges that come with navigating relationships. This becomes the heart of "I, Him and Love" and involves the readers in the book till the end. On the whole, the book is a package of different thoughts that are woven into the pages of the novel.

The story unfolds through the eyes of an unnamed protagonist, a dreamer who longs for sun-kissed walks, cozy nights under blankets, and the simple joys of cooking together. However, she soon discovers that love in this unforgiving world is far from easy to find or maintain. Despite the obstacles and heartbreaks that come her way, she remains determined and resilient, holding onto her belief in the power of love. The fact that the speaker remains unnamed also highlights the fact that "I, Him and Love" could be the story of any person, and the incidents could be a part of anyone's life, thus raising it to the level of the universal.

One of the most captivating aspects of Dheeravath's writing in "I, Him and Love" is the seamless blending of the ordinary and the surreal. The protagonist's experiences are rooted in reality, yet there are surreal elements that add depth and intrigue to the narrative. The author masterfully employs these elements to symbolize the complexities of love, giving the story an ethereal quality that keeps readers engaged and questioning the boundaries between reality and imagination. At the same time, "I, Him and Love" comes across as a strong and close product of the real and the events as they would actually happen. This clarity of thought and honest representation of situations pushes the book closer to life.



I, Him, and Love (A Surreal Tale)

The exploration of the protagonist's emotions is another highlight of this book. Dheeravath delves into the depths of human vulnerability and portrays the rollercoaster of feelings that love evokes. From the soaring heights of joy and passion to the depths of heart-wrenching despair, every emotion is vividly portrayed, resonating with readers on a profound level. The author's prose flows effortlessly, painting a vivid picture of the protagonist's inner world and allowing readers to empathize with her journey. The character's emotional swings in "I, Him and Love" make her an incarnation of not only a human but a character who is honest and does not mind showing her true feelings.

The characters in the novel are richly developed, each playing a unique role in the protagonist's life. The enigmatic "Him" is a constant presence, representing both the epitome of love and an elusive figure who challenges her perceptions. The supporting characters, too, are well-crafted, adding depth and complexity to the narrative. They serve as mirrors, reflecting the different facets of love and the varying ways it can shape and influence individuals. While the story of "I, Him and Love" focuses primarily on the protagonist's personal journey, it also touches upon larger themes such as societal expectations, self-discovery, and the universal search for connection. Dheeravath subtly weaves these themes into the narrative, encouraging readers to reflect on their own experiences and beliefs surrounding love. As a book, "I, Him and Love" comes as a package of thoughts, experiences, wisdom and truthfulness that can hold readers till the end with interest and a desire to know what happened next.

In terms of pacing, "I, Him, and Love - (A Surreal Tale)" strikes a delicate balance. The story progresses steadily, allowing readers to become fully immersed in the protagonist's world. While there are moments of introspection and contemplation, they are interwoven with captivating plot developments and unexpected twists, keeping the narrative engaging from start to finish. The progress of the book is in accordance with the speed of understanding of all kinds of readers. This feature ensures that the book reaches out to the maximum number of readers of all ages. Hence, it is recommended to readers of all ages and all backgrounds.

"I, Him, and Love - (A Surreal Tale)" is a captivating and thought-provoking novel that explores the complexities of love through the eyes of a hopeful romantic. Susheel K Dheeravath's lyrical prose, combined with the seamless blend of the ordinary and the surreal, creates a unique reading experience that will resonate with anyone who has ever dared to love. This book is a testament to the power of perseverance and the enduring nature of the human spirit in the pursuit of love.

Author Interview

Author's Background: Dr Rohi Jan is a highly accomplished and respected Psychologist, from Anantnag, Jammu and Kashmir, with at-least 6 years of experience in academics. Her curiosity with the human mind and behaviour was evident from an early age, despite being born and raised in a small hamlet at Anantnag she was driven by insatiable and curiosity. She pursued her academic journey with unwavering determination.

Dr Rohi did her B.A, B.Ed and M.A in Psychology in her native place, and for her M.Phil and Ph.D, she left her lush green place to excel more in her subject. She completed her Ph.D in Psychology and her research garnered numerous honours and admiration of her peers.

Dr Rohi Jain

Dr. Rohi's commitment to her work, unshakable commitment to the well-being of other people, and achievements to the area of psychology has earned her multiple awards, including a Gold Medal and recognition. Despite her numerous achievements, she remains humble and firm in her conviction that there is always more to learn and discover in the complex realm of human behaviour.

Dr Rohi, besides being a columnist for many local dailies and national newspapers, has countless research papers to her name. She has appeared in countless sessions as a guest to provide insight to students, teachers and elderly people about mental health related issues. As an author, her ultimate goal is to inspire and make a good difference in the lives of others. She hopes to leave a lasting legacy in the world and by contributing to future generation.

Interview Questions



1. Dr. Rohi, you've achieved so much in your academic and professional journey. What was the defining moment that sparked your passion for studying the human mind and behavior?

Dr. Rohi: Well, as a student I have felt need to have a guiding agent, however, I didn't find any so I better thought to become one.

2. Leaving your native place to pursue higher education shows great determination love and commitment towards your subject. How did this change in environment influence your perspective and approach towards psychology?

Dr. Rohi: There is no second opinion that I'm in complete love with my subject, but exploring and traveling made me understand the impact and implications of environment in comprehending human psychology.

3. Your research has earned you numerous honors and recognition. Could you share one of your most fascinating discoveries or findings from your studies?

Dr. Rohi: If I be candid and honest, I believe there is lot to achieve and I stand nowhere as of now . But yes, I'm grateful for my achievements by that receiving gold medal or being hailed as a teacher .

4. As a psychologist and columnist, you have provided valuable insights to readers about mental health issues. Can you describe one specific article or column that you believe made a significant impact on the readers' understanding of mental health?

Dr. Rohi: I do a good hard labour before even writing a simple article and my all articles have provided that targeted insight; but, the article about Khudi (Self- Reliance) shall always remain close to my heart .

5. Being committed to the well-being of others is commendable. What inspired you to make mental health advocacy a central part of your professional journey?

Dr. Rohi: I guess, it is the duty of psychologist to make mental health advocacy of others a central part of their professional journey and I'm doing the same .

6. With a passion for inspiring others through your writing, what message or theme do you often find yourself coming back to in your work?

Dr. Rohi: I often get e-mails for my write-ups and the individuals whether being students or the individuals of any other profession always found my writings beneficial. It is all the love and support from the people that inspire me to do more and more.

7. You mentioned that you aspire to leave a lasting legacy. In what ways do you hope your contributions to the field of psychology will positively impact future generations?

Dr. Rohi: I guess studying psychology is of utmost importance nowadays, as society in current juncture, has lost its identity, personality and individuality because of having meek psychological input doses. It is my perception that every family must possess at-least one psychologist. My writings are always clear in a way that non psychology individuals also get benefit there and it gives the people a kind of interest to study more and more about Psychology.

8. Balancing a successful career and academia for at least six years is no small feat. How do you manage to stay motivated and continue learning in such a demanding field?

Dr. Rohi: i think my passion, consistency and vigour were the three motivating forces that kept me going. As i remember i always used to write some motivating quotes that i used to keep by myside during my downfalls. Over and above it is the blessings from my Almighty Allah who provide me with patience, that was the biggest motivating factor to overcome the challenges.

9. As someone who has appeared as a guest in various sessions, what is one memorable experience where you felt your insights had a profound effect on the students or audience?

Dr. Rohi: it was an Islamic conference, where the theme was Mental Health Issues of women and their solutions. As I believe our Holy Book, Quran-e-Pak provide us the solutions for all our sufferings, so after a lot of research I provide my best with all that research and experience to catch the audience with my insightful thoughts.

10. Apart from your professional achievements, what hobbies or activities do you engage in to unwind and find inspiration for your writing?

Dr. Rohi: I like to engage myself in reading different kinds of stuff. I think when writing is your passion you are yourself inspired. When you are inspired you consider the writings easy and this captures you so much that you often forget about food and sleep. One thing i must add up here is that nothing is easy, it takes ones blood and sweat to do any sort of task, once you are motivated, you believe in yourself, nothing is impossible.

लेखक परिचय: मीनाक्षी शर्मा "मनस्वी" जी ने भौतिक विज्ञान में स्नातक प्राप्त की है और उनका आध्यात्मिक ज्ञान के प्रति भी रुझान है। उन्होंने ज्योतिष शास्त्र का अध्ययन किया है। उनकी कविताओं में नए आयामों की यात्रा शुरू हो चुकी है और वे इसे अपनी अभिव्यक्ति के लिए एक नया माध्यम मानती हैं। मीनाक्षी शर्मा "मनस्वी" जी का जन्म 8 अक्टूबर 1972 को उत्तर प्रदेश के सहारनपुर जिले में हुआ। उनके पिता श्री अयोध्या प्रसाद पाठक जी राज्य सरकार के एक वरिष्ठ अधिकारी रह चुके हैं। उनके दादा श्री हरि प्रसाद पाठक "निराश" के नाम से प्रसिद्ध थे, जो हिंदी कवि के रूप में प्रतिष्ठित थे। मीनाक्षी शर्मा "मनस्वी" जी को उनके पिता और दादा के साथी लेखन का प्रभाव मिला है और इसी से एक कवि का जन्म हुआ है। मीनाक्षी शर्मा "मनस्वी" जी के पति श्री सुबोध कुमार शर्मा जी भी उत्तर प्रदेश में राज्य सरकार के एक वरिष्ठ अधिकारी के पद पर कार्यरत हैं। उनके दोनों पुत्र और पुत्रवधु, शुभम श्रेया और शशांक उनकी प्रेरणा का स्रोत हैं। मीनाक्षी शर्मा "मनस्वी" जी ने अपनी पिछली कविता संग्रहों को प्रकाशित किया है और अब "ऊर्जित स्पंदन" नामक पुस्तक में वे अपनी अभिव्यक्ति का नया संकलन पेश कर रही हैं। उनकी कविताएं, गीत और गज़लें पाठकों को एक ऊर्जा और स्पंदन में लेकर जाती हैं और इस पुस्तक के माध्यम से वे अपनी कविताओं को सभी के सामने प्रस्तुत कर रही हैं। मीनाक्षी शर्मा "मनस्वी" जी का काव्य सभी को मनोहारी और प्रेरणादायक अनुभव प्रदान करेगा। उनकी रचनाओं में अनुभवों का सम्मिलन होता है और वे अद्वितीय रूप से अभिव्यक्ति पाती हैं। उनकी कविताएं साहित्यिक जगती में महत्वपूर्ण योगदान हैं और पाठकों के दिलों में एक स्थान बना रहेंगी।

Author Interview

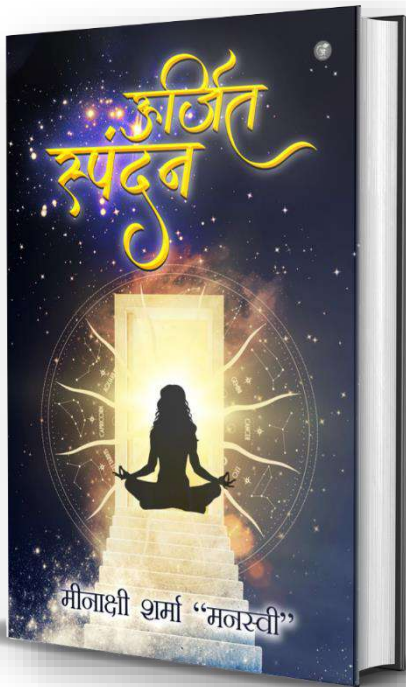


मीनाक्षी शर्मा

Interview Questions

प्रश्न 1. किताब "ऊर्जित स्पंदन" की सृजनात्मक प्रक्रिया में आपने कौन-कौन से स्रोतों का उपयोग किया था?

मनस्वी : "ऊर्जित स्पंदन" की सृजनात्मक प्रक्रिया पूर्णतः अनुभवों पर आधारित रही है। हां काव्य की विभिन्न विधाओं को समझने के लिए, मात्राओं के ज्ञान के लिए श्रेष्ठ कवियों द्वारा लिखी रचनाएं लाभप्रद रही हैं। घर में पिताजी द्वारा समय समय पर होने वाले वार्तालाप जो कि जीवन के संबंध में ज्यादा होते थे, उन्होंने इसमें महती भूमिका निभाई है।



प्रश्न. आपके लिए यह कैसी अनुभवशील काव्य संकलन बनाना रहा है? कृपया अपनी इस प्रक्रिया के बारे में बताएं।

मनस्वी : जीवन में कुछ बातें आप निर्धारित करते हैं और कुछ प्रभु कृपा से स्वतः घटित होती हैं। ये कोई एक दिन का कार्य नहीं है। धीरे धीरे अनुभवों के धरातल पर जैसे जैसे परिपक्वता आती जाती है, वैसे वैसे विचार लेखनी के माध्यम से उतरकर काव्य रूप में मुखरित हो उठते हैं।

संगीत में रुचि होने के कारण ज्यादा कविताएं लयबद्ध मिलेंगी आपको।

प्रश्न. क्या आपको अपनी लेखनी में कोई खास प्रेरणा मिली थी जो इस किताब को जन्म देने में सहायक साबित हुई?

मनस्वी : हां ! मेरी मां के जन्मदिन पर उन्हें भेंट स्वरूप लिखी गई मेरी पहली कविता जिसने मुझे लगातार लिखने के लिए प्रेरित किया और अपने ही इस खास व्यक्तित्व से मेरा स्वयं का परिचय कराया।

प्रश्न. आपके कविताओं और गीतों में आध्यात्मिकता का क्या स्थान है? कृपया इस विषय पर अपने विचार साझा करें।

मनस्वी : आपने बहुत अच्छा प्रश्न किया क्यों कि इसके जवाब में मैं कहना चाहूंगी शत प्रतिशत!

आध्यात्मिकता ही वह पूंजी है जिसके कारण मन में स्वतः अच्छे विचारों का स्फुरण होता रहा जिसने इस संग्रह के हर एक सृजन को सुंदर बनाने में योगदान दिया। विषय के बारे में एक सोच की परिपक्वता भी आध्यात्मिकता के कारण ही संभव हो सकी है। इसीलिए इस काव्य संकलन को मैंने "ऊर्जित स्पंदन" नाम दिया है। इसको पढ़ने वाले पाठक भी उन तरंगों को महसूस कर पाएंगे।

प्रश्न. "ऊर्जित स्पंदनमें प्रकट होने वाली मुख्य भावनाएं और संदेश क्या हैं"? कृपया इन्हें सार्थक रूप से समझाएं।

मनस्वी : यह संग्रह काव्य के एक विविध वर्णों पुष्प गुच्छ जैसा है। जिसमें प्रेम भी है, विरह भी है, आध्यात्मिक चेतना को ऊपर उठाने के प्रेरणा देती "सप्त चक्र शक्ति अराधना" भी है। साथ ही साथ ज्योतिषीय ज्ञान को सर्व साधारण के लिए सुलभ कराती "नवग्रह पचासा" भी है।

जीवन में व्यर्थ कुछ भी नहीं, बस हमें सार तत्व को समझने की आवश्यकता है, यही संदेश है।

प्रश्न. क्या किताब में दर्शाए गए रचनात्मक तत्वों की एक विशेषता है? इस बारे में अपनी रचनात्मक दृष्टि साझा करें।

मनस्वी : रचनात्मकता जीवन का महत्वपूर्ण अंग है। बिना तराशे कभी कोई मूर्ति बनी है क्या ..? कुछ जोड़ तो कुछ घटाना तो पड़ता है। क्योंकि मैं उच्च शिक्षा में हिंदी की विद्यार्थी नहीं रही हूं इसीलिए साहित्य के परिप्रेक्ष्य में कहना उचित नहीं समझूंगी। लेकिन इतना अवश्य कहूंगी कि यदि आप अच्छे श्रोता रहे हों और आत्मसात करने की प्रवृत्ति हो तो संभव है आपमें भी रचनात्मकता का उदय हो जाए जैसा कि मेरे साथ हुआ है।

प्रश्न. आपने अपने किताब में विभिन्न आयामों को संलग्न करने की कोशिश की है। कृपया बताएं कि इसका मुख्य कारण क्या था और आपको यह क्यों महत्वपूर्ण लगा?

मनस्वी : मन के धरातल पर विभिन्न भाव दशाएं लगातार ही उभरती रहती हैं। जीवन कभी एक जैसा नहीं रहता, ये परिवर्तनशील है। क्योंकि यह काव्य संग्रह जीवन के अनुभवों और आध्यात्मिक अनुभूतियों पर आधारित है इसीलिए यह जीवन से जुड़े हर

एक पहलू पर बात करता है और यह आवश्यक भी है कि हम सभी अपने दृष्टिकोण को सही रखते हुए हर एक आयाम में खुद को विकसित करें।

प्रश्न. क्या किताब में आपने किसी विशेष रचनात्मक विधि का उपयोग किया है? उस विधि के बारे में अधिक बताएं।

मनस्वी : जैसा कि आप जानते ही हैं कि मैं भौतिक विज्ञान में स्नातक हूँ। लेकिन अपनी मातृ भाषा से प्यार और इसका सम्मान मेरे हृदय में मेरे पिताजी एवं मेरे दादाजी के द्वारा लिखित पुस्तकों के माध्यम से विकसित हुआ, इसीलिए कह सकती हूँ कि मेरी रचनात्मकता भी नैसर्गिक है कोई प्रयोग नहीं।

प्रश्न. आपके कविताओं में संगीत की क्या भूमिका है? आपके लिए संगीत किस प्रकार का अभिनय करता है?

मनस्वी : बचपन से ही संगीत के प्रति रुझान ने मेरे लेखन के क्षेत्र में भी बहुत बड़ी भूमिका निभाई। जैसा कि आप जानते ही हैं कि किसी विशेष विधा में लिखने के लिए मात्राओं की गणना आवश्यक हो जाती है। उसे मेरे संगीत प्रेम ने आसान बना दिया। अपने शब्द विन्यास से पंक्तियां लयबद्ध होती चलीं गईं। कभी आवश्यकता पड़ी तो समानार्थी शब्दों के माध्यम से उसे सुंदर बनाने का प्रयास किया।

मेरा मानना है कि सीखने की कोई उम्र नहीं होती है हमें लगातार प्रयासरत रहकर सीखते रहना चाहिए और मैं भी वही कर रही हूँ।

प्रश्न. क्या आपकी कल्पना में इस किताब को पढ़ने वाले पाठकों को क्या संदेश दिया जा रहा है? कृपया अपनी कल्पना का वर्णन करें।

मनस्वी: जीवन में जब भी आप गहराई में उतरेंगे तो वहां प्रेम मिलेगा, एक स्फुरण मिलेगा जैसे कोई बीज अंकुरित होकर मिट्टी को फोड़कर प्रकाश से मिलने को लालायित हो... ऐसा ही हमारा जीवन है जिसके लिए अंतर्मुखी होकर उस आत्म बीज को सही भूमि देकर अंकुरित करना है जिससे कि आत्म बोध की यात्रा पूरी कर सकें। संवेदनशीलता एक आवश्यक तथ्य है।

प्रश्न. आपके लिखे हुए कविताओं में कौनकौन से व्यक्तित्व और विचारधाराओं का प्रतिष्ठान है-? कृपया विस्तार से बताएं।

मनस्वी : ईश्वरीय सत्ता की उपस्थिति दर्ज कराती अधिकांश कविताएं, प्रेम के मूलभूत सिद्धांत का प्रतिपादन करती हुई गीत, गजलें, जीवन दर्शन को सहेजती कविताएं और स्वयं के चिंतन, मनन के द्वारा सार तत्व को खोजने की प्रक्रिया मंथन पर बल देती है।

एक कोशिश की है मैंने अब आप सब पढ़कर ही बताएंगे कि मैं कहां तक सफल रही हूँ।

प्रश्न. आपके लिए किताब लिखने का एक विशेष साहसिक यात्रा थी। कृपया इस यात्रा के बारे में अपने अनुभवों को साझा करें।

मनस्वी : साहसिक यात्रा तो नहीं कहूंगी लेकिन प्रेरक अवश्य रही है ये यात्रा, जैसे जैसे लिखती गई और नया लिखने की प्रेरणा भी मुझे मिलती गई। मेरे अपनों से हमेशा मुझे सहयोग मिला और एक हीसला भी जिसने मुझे “ऊर्जित स्पंदन” को पूरा करने में योगदान प्रदान किया।

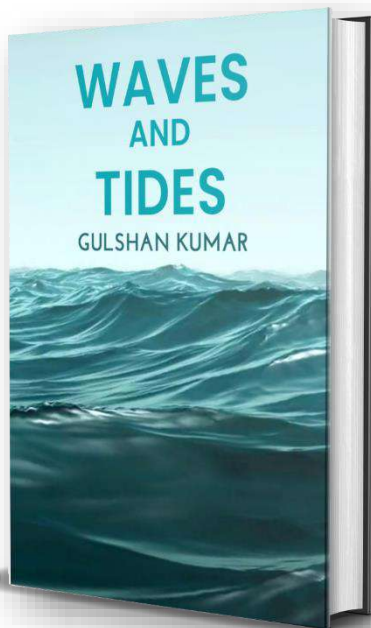
Waves and Tides by Gulshan Kumar

An anthology of 62 poems, "Waves and Tides" is the poet's first published work. In spite of this, the poet's work can be found in a wide variety of online magazines and anthologies, and he has contributed almost 200 poems to worldwide forums. Several of his poems have been published in electronic magazines, and he has won honors for them from international online communities. The poet has been a professor of English literature at a college associated with Panjab University, Chandigarh for almost 40 years, and he shows no signs of slowing down. During the quarantine that followed the global spread of COVID-19, he wrote his first poem. Though nothing moved outside, the poet's mind was racing with ideas. His intuitive abilities were so stimulated that he felt compelled to write poetry about his intense feelings, observations, and experiences. He has caught a wide range of human emotion in his poems, awakening feelings that had been dormant, thanks to his vast understanding of poetry and extensive experience teaching it. The poet has a Ph.D. in English literature from Panjab University, Chandigarh. The COVID-19 time period was a time of self-discovery and growth for him in terms of his artistic abilities. Writing creatively is now ingrained in his routine. It's like soul food to him now. In addition to literature, he also teaches creative writing and soft skills to graduate students. His need for words is insatiable, and his development as a poet will continue unabated.



Gulshan Kumar

Book Review



Gulshan Kumar's debut anthology, "Waves and Tides," is a poetic masterpiece that traverses the vast landscape of human emotions and cosmic wonder. Through eloquent verses, Kumar takes his readers on a mesmerizing journey, capturing the essence of life's joys and struggles, while delving into the depths of both the external world and the intricacies of human heart and mind. This collection of poems touches on various themes of universal significance, making it a compelling and thought-provoking read.

The anthology opens a gateway to a myriad of emotions, and Kumar's poetic prowess breathes life into every verse. His words have a unique power to awaken dormant passions, inviting readers to escape the monotony of daily life and immerse themselves in the beauty of his creations. Each poem evokes a sense of tranquility akin to watching the ebb and flow of waves on the shore or witnessing the play of sunlight through the clouds.

One of the remarkable aspects of "Waves and Tides" is the sheer range of topics it explores. Kumar fearlessly treads on diverse subjects, from women's empowerment and environmental concerns to the complexities of love and relationships. These themes are not only relevant to our contemporary world but also resonate with the timeless truths of human existence.

In the pursuit of understanding life's mysteries, Kumar contemplates philosophical themes like destiny, divinity, nature, and the power of prayer. His contemplations are profound and reflective, encouraging readers to ponder their place in the vast cosmos and find solace in the face of uncertainty.

Amidst the philosophical reflections and societal observations, "Waves and Tides" also features a selection of motivational and inspirational poems. These verses serve as a guiding light, igniting hope and resilience in the hearts of those who seek strength in their darkest hours. Kumar's ability to uplift the spirit through his words is truly commendable.

The anthology pays homage to great men who have left an indelible mark on history, drawing inspiration from their lives and teachings. It celebrates the significance of commemorating certain days that hold international importance, connecting readers to the collective memory and shared experiences of humanity.

Kumar's poetic language is a feast for the senses, and his dexterity in crafting metaphors adds a layer of richness to the poems. Each line is meticulously composed, devoid of any redundancy, and carries profound meaning within its brevity. The poet's command over the written word is evident, creating a harmonious fusion of rhythm and emotion that captivates the reader from the very first verse.

However, his poetry is too difficult to categorize or name, therefore I won't take the risk of calling him a feminist. He can write with the same grace and elegance on many different topics. Gulshan is unflinching in his criticism of the many ways in which we, as a species, have failed, whether the topic is love or death, nature or ecology, man's deformity or a woman's exploitation. Sensitive poet that he is, he merely draws our attention to things we may otherwise miss, but nowhere does he offer any simplistic analysis or easily transmitted homilies. He's happy with making us more self-aware, and he has no interest in giving us answers like so many other, weaker poets do.

"Waves and Tides" invites readers to delve deep into the core of each poem, savoring its essence like a gourmet meal for the soul. The anthology is a testament to the power of poetry in provoking introspection and stimulating emotions that lay dormant within us.

For a debut collection, Gulshan Kumar showcases an astonishing ability to stir the reader's imagination and connect with their innermost thoughts. "Waves and Tides" not only captures the human experience in its myriad shades but also imparts valuable life lessons that will resonate with readers long after they've turned the final page.

In conclusion, "Waves and Tides" is a magnificent debut in the world of poetry. Gulshan Kumar's eloquent verses and the breadth of themes he explores make this anthology a treasure trove of emotions and wisdom. Through the rhythmic waves of his words, the poet succeeds in captivating the reader's attention, leaving them yearning for more. This anthology is a timeless work of art that deserves a place on every poetry lover's bookshelf.

Writing books is a captivating journey that allows authors to delve into the depths of their imagination and share their unique stories, insights, and experiences with the world. It's a creative process that demands dedication, discipline, and a profound connection with words. As authors sit down to craft their narratives, they embark on a voyage of self-discovery, exploring the intricacies of their own thoughts and emotions while weaving them into the fabric of their literary creations.

The act of writing a book is not just about storytelling; it's an art that involves meticulous attention to detail and an innate ability to transport readers to different worlds, eras, and perspectives. Authors are not merely writers; they become architects of worlds, sculptors of characters, and conductors of emotions. Each sentence is carefully crafted, each chapter meticulously structured, as they construct a narrative that resonates with readers on intellectual, emotional, and sometimes even spiritual levels.



However, the path to completing a book is riddled with challenges. From battling writer's block to navigating the intricate labyrinth of plot development, authors must persevere through moments of self-doubt and frustration. Yet, the satisfaction that comes from completing a manuscript, seeing one's ideas in tangible form, and knowing that their words could impact lives, makes the journey undeniably rewarding. In the end, writing a book is not just a solitary act; it's an invitation for readers to embark on a shared adventure, guided by the author's words, into uncharted territories of the human experience.

Writing books holds a multitude of compelling reasons, each resonating differently with aspiring authors. Firstly, books serve as vessels of knowledge, allowing individuals to preserve their expertise, experiences, and insights for future generations. By penning down their expertise in various fields, authors contribute to the expansion of human knowledge, fostering a culture of continuous learning and growth.

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